

Preschoo

on the Road Through...

CD-0315

# Includes:

- 97 Basic Skills Activity Pages
- 34 Special Games and Activities
- Recommended Children's Books
- 6 Interactive, Pull-out Mini-Books
- Informal Assessment
- 30 "My Parents and Me" Activities, Including Art and Cooking Recipes, Creative Play Corners, and Family Fun
- Fun Web Sites
- 8 Awards
- Stickers

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# Introduction

# Dear Parent,

Welcome to On the Road through Preschool. You and your child are just beginning your learning adventure. You have already discovered how much and how fast a young child can learn when provided with the experiences that promote a child's natural curiosity. It is miraculous to look back on your child's first years and see how many skills have already been acquired.

On the Road through Preschool is very different from the other books in this series. This book has been written for parents whose children have not yet been to kindergarten. Whether your child has had the experience of preschool or not, kindergarten is a big change. It is one of those monumental milestones in your child's life (and yours!).

Your soon-to-be kindergartner is rapidly learning at his own pace. As you look at the activities in this book, please keep in mind that all children mature and develop readiness skills at different rates. Some five-year-olds love pencil and paper tasks and are able to use scissors, while other five-year-olds would rather build with blocks and put together puzzles. Both types of children are normal, and both will discover their own learning styles in time.

This book includes many pencil and paper tasks. If your child seems ready for them, that's wonderful. But if your child is not ready, the majority of these activities can be accomplished without writing on the page. For example, on a page where the child is to circle two objects that are the "same," the child can simply point to the objects that are alike. Be creative as a parent and adjust each task to meet the needs of your child.

This is a "togetherness" book. Every activity is meant for parents and children to work on together. Preschoolers need your guidance, your support, and your participation after all, you are your child's first teacher! In addition to game and activity pages, you will also find pull-out mini-books, recommended book lists, Web sites, awards, stickers, and special activities called "My Parents and Me." "My Parents and Me" pages provide you and your child with meaningful learning experiences that cannot be accomplished on a piece of paper.

As a parent, there is nothing better you can do to ensure your child's educational success than to spend time together. Not only will you help increase your child's skills, but you will also create many happy memories.

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# Everyday Ways to Enrich Your Child's Learning Experiences

As the parent of a young child, you are eager for your little one to learn and to achieve some of the skills she will need in order to succeed in school. The best way for you to help your child is to create a living and learning environment in which your child will want to explore, learn new concepts, and practice new skills.

You can create this environment by providing your child with hands-on "play" experiences that are well thought-out. Young children learn best through "play with a purpose." Although some preschool children enjoy the traditional paper and pencil tasks, the majority of children at this age will experience more success when provided with hands-on, manipulative materials that encourage exploration, question-asking, and problem-solving.

As a parent, you guide the learning experience when you play with your child. This helps your child learn to listen, stay on task, and make new observations. Ask openended questions to steer your child into drawing new conclusions, developing new vocabulary, and learning new ways to accomplish tasks. For example, when your child is building with blocks, ask, "What do you think would happen if ...?" or, "Is there another way we could build this tower?"

The following are some ideas for activities and materials that will enhance the learning experiences that you can provide for your child.

# Language Arts

The single most important skill that a child needs for success in school, and later in life, is to be "liferate." In other words, your child must learn how to read. You can do many things to encourage liferacy.

- Read to your child every day. Read to your child every day for at least 15 minutes. This offen becomes a favorite time of the day for the child and parent.
  - · Talk about the pictures.
  - Ask questions.
  - Ask your child to guess what is going to happen next.
  - Encourage your child to retell favorite stories or favorite parts of a story.
  - Have your child make up a new ending for a story.
  - Go to the library and let your child choose new books.
  - Encourage "pretend" reading. This is when children look at the pictures and make up what they think the words say.

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- Encourage letter recognition. Preschoolers can begin developing an interest in reading and phonics by making observations of how we use written language.
  - Point out letters in the environment, such as on cereal boxes, in your child's name, and on billboards.
  - Find ways to help your child learn to match letters.
  - Play listening games. Have your child identify words that begin with the same sound.
- Provide language arts materials. Fill your child's environment with literacy materials. Here is a suggested selection:
  - Magnetic letters
  - Books, magazines, newspapers, and catalogs
  - Paper, pencils, crayons, and paints (Encourage children to experiment with making circles, squiggles, and lines.)
  - CDs of children's music and recorded children's stories

# Math & Science

So many toys and puzzles provide young children with early moth and science learning experiences. Remember to point out all the ways we use numbers and science in our daily lives.

- Cook or garden together. Not only is this a special activity for families to do together, but the learning experiences themselves are infinite. Children can gain these valuable skills:
  - Measuring
  - Numbers and counting ("Stir 10 times" or "Add 1 cup water")
  - Increased vocabulary development (hot, cold, wet, dry, sticky, and so on)
  - Increased observation skills

2. Provide math and science materials and activities. Here is a suggested list:

- Magnifying glass
- Blocks and other building materials
- Magnets and magnetic numerals
- Scales (concepts of heavier and lighter)
- Pouring liquids
- Sink and float objects for the bath or for sink water play
- Calculators and toy cash registers
- Puzzles
- Sorting, matching, and classifying games
- · Trips to science and children's museums
- Taking walks and observing nature

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# Fun Web Sites for Preschoolers

### http://pbskids.org/

Site offers games and activities based on favorite PBS characters. Activities include coloring, matching, ABC's, numbers, singalongs, and more.

# http://sesameworkshop.org/sesamestreet /0.1292.00.html

Kids can practice their ABC's and numbers, play matching and other games, read stories, create artwork, or listen to and play music, all with their favorite Sesame Street characters.

### http://www.learningplanet.com/stukids1.asp

Site features fun games that practice numbers, ABC's, and other readiness skills,

# http://www.nickjr.com

Click on "Nick Jr. Playtime" to find a host of games and stories, as well as music and art activities, Site features characters from popular Nickelodeon programs.

### http://www.lego.com/playjr/

Kids can play memory match games and hide-and-seek, create their own scenes, or paint and draw pictures.

### http://www.prongo.com/games/ages3-6.html

Fun memory match games and mazes help children learn while mastering mouse skills. Beginning readers can also practice matching words and pictures.

# http://www.funschool.com/current/games /preschool

Games reinforce ABC's, opposites, letter formation, keyboarding skills, visual discrimination, and memory match skills.

# http://www.kiddonet.com

Click on "KiddoNet Jr." for early learning games on letters, numbers, logic, and music.

### http://members.cruzio.com/~hoax1950 /KidsFireSafetyTips.html

Site contains basic fire and life safety tips presented by funny little characters.

## http://www.nwf.org/yourbigbackyard /index\_flash.cfm

Presented by the National Wildlife Federation, this site has early learning games about animals and the earth.

# http://www.totcity.com/totplaces/Activities /activities.html

Site contains a variety of early learning activities (ABC's, animal sounds, shapes, numbers, what does not belong, etc.) as well as links to other fun sites.

# http://www.meddybemps.com/5.1.html

Original stories with colorful illustrations.

### http://www.meddybemps.com /funandgames.html

Site contains a variety of activities to practice skills such as colors, counting, and spatial concepts. Colorful characters make learning fun.

### http://www.ipl.org/youth/StoryHour/

The Internet Public Library presents stories in illustrated and text-only versions. Certain stories also contain audio.

# http://members.home.com/veeceet /index.html

Sing along to melodies of favorite songs.

## http://www.EnchantedLearning.com /categories/preschool.shtml

Games include animal sounds, colors, dotto-dots, sequencing, and nursery rhymes.

# **Recommended Books for Preschoolers**

### A

Alexander and the Terrible, Hornible, No Good, Very Bad Day by Judith Viorst Amazing Grace by Mary Hoffman Animal Crackers: A Delectable Collection of Pictures, Poems, and Lulabies for the Very Young by Jane Dyer Animals Should Definitely Not Wear Clothing by Judi Barrett

Anno's Alphabet: An Adventure in Imagination by Mitsumasa Anno Anno's Counting Book by Mitsumasa Anno Arthur's Birthday by Marc Brown Ask Mr. Bear by Marjarie Flack

### 8

Babar's Book of Color by Laurent de Brunhoff Bear Shadow by Frank Asch The Bear's Toothache by David McPhall Big Fat Hen by Keith Baker Big Red Barn by Margare Wise Brown The Blue Balloon by Mick Inkpen Brawn Bear, Brawn Bear, What Do You See ? by Bill Martin The Butterfly Alphabet Book by Brian Cassie and Jerry Pallotta

### C

Can / Keep Him? by Steven Kelloga Caps for Sale by Esphyr Slobodkina The Chick and the Duckling by Vladimir Grigorevich Suteev Chicka Chicka Boom Boom by Bill Martin and John Archambault A Child's Treasury of Poems, edited by Mark Daniel Chao Choo: The Story of a Little Engine Who Ran Away by Virginia Lee Burton Color Farm by Lois Ehlert Color Zoo by Lois Ehlert Corduroy by Don Freeman Cross-Country Cat by Mary Calhoun Curious George by H. A. Rey Curious George Learns the Alphabet by H. A. Rey

David McPhail's Animals A to Z by David McPhail Doctor De Soto by William Steig

# E E

Eating the Alphabet: Fruits and Vegetables from A to Z by Lois Ehlert The Empty Part by Demi The Enormous Turnip by Kathy Parkinson

### F.

Fire Engines by Anne Rockwell Five Little Monkeys Sitting in a Tree by Eleen Christelow Frederick by Leo Lionni Freight Train by Donald Crews

### G

George and Martha by James Marshall Go, Dag, Gol by P. D. Eastman Golden Bear by Ruth Young Goldinacts and the Three Bears, adapted by Jan Brett Goad Dag, Carl by Alexandra Day Goadnight Horey by Frank Asch Goodnight Horey by Frank Asch Goodnight Moon by Margaret Wise Brown The Grouchy Ladybug by Eric Carle

# Н

Hoppy Birthday, Moon by Frank Asch Hany, the Dirty Dag by Gene Zion Hello, Luiu by Caroline Uff Henny Penny by H. Werner Zimmerman Here Comes the Cati by Frank Asch and Vladimir Vagin Horton Hatches the Egg by Dr. Seuss How Do Dinosaurs Say Good Night? by Jane Yolen Hush Uffle Baby by Stvira Long

### X

I Like MeI by Nancy Carlson I Went Walking by Sue Williams If You Give a Moose a Mulfin by Laura Joffe Numeroff If You Give a Mause a Cookle by Laura Joffe Numeroff I'm Not Sieepy" by Denys Cazel The Indoor Noisy Book by Margaret Wise Brown Ita Sieeps Over by Bernard Waber Is Your Mama a Llama? by Deborah Guarino II Looked Like Spith Milk by Charles G. Shaw

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# **Recommended Books for Preschoolers**

Jesse Bear, What Will You Wear? by Nancy White Carlstrom Jump, Frog. Jumpl by Robert Kalan Just Like Daddy by Frank Asch

The Little Engine That Could by Watty Piper Little Gorilla by Ruth Bornstein The Little Red Hen by Paul Galdone Lost! by David McPhail

Madeline by Ludwig Bernelmans Make Way for Ducklings by Robert McCloskey Mama Cat Has Three Kittens by Denise Fleming May I Bring a Friend? by Beatrice Schenk de Regniers Mike Mulligan and His Steam Shovel

by Virginia Lee Burton Millions of Cats by Wanda Gaa The Mitten: A Ukrainian Folktale. adapted and illustrated by Jan Brett

Mother Goose Treasury, illustrated by Raymond Briggs Mouse Mess by Linnea Riley

Mouse Paint by Ellen Stoll Walsh Mr. Gumpy's Outing by John Burningham Mushroom in the Rain by Mirra Ginsburg My Brown Bear Barney by Dorothy Butler

The Napping House by Audrey Wood No Bath Tonight by Jane Yolen Nuts to You! by Lois Ehlert

Olivia by Ian Falconer On Mother's Lop by Ann Herbert Scott One Bear All Alone by Caroline Bucknall One Duck Stuck by Phyllis Root One Fish Two Fish Red Fish Blue Fish by Dr. Seuss Owl Babies by Martin Waddell

Patrick's Dinosaurs by Carol Carrick Peter and the Wolf by Sergei Prokofiev Peter's Chair by Ezra Jack Keats The Poky Little Puppy by Jeannette Sebring Lowrey Polar Bear, Polar Bear, What Do You Hear? by Bill Martin

Puss in Boots by Charles Perrault

The Quiet Noisy Book by Margaret Wise Brown

Rabbit inn by Patience Brewster The Random House Book of Mother Goose. selected and illustrated by Arnold Lobel Read-Aloud Rhymes for the Very Young, edited by Jack Prelutsky Red Leaf, Yellow Leaf by Lois Ehlert The Relatives Came by Cynthia Rylant Rosie's Walk by Pat Hutchins



Sam Who Never Forgets by Eve Rice Silly Sally by Audrey Wood Sleep Safe, Little Whale by Miriam Schlein The Snowy Day by Ezra Jack Keats The Story of Ferdinand by Munro Leaf Sfrega Nona by Tomie de Paola

Tar Beach by Faith Ringgold Ten, Nine, Eight by Molly Bang There's a Nightmare in My Closet by Mercer Mayer The Three Little Wolves and the Big Bad Pig by Eugene Trivizas Time for Bed by Mem Fox Tomie de Paola's Mother Goose by Tomie de Paola Tomorrow's Alphabet by George Shannon Too Much Noise by Ann McGovern

The Very Hungry Caterpillar by Eric Carle

Wee Sing: Children's Songs and Fingerplays by Pamela Beali and Susan Nipp

Wee Sing and Play by Pamela Beall and Susan Nipp

We're Going on a Bear Hunt. retold by Michael Rosen

The Wheels on the Bus, adapted by Marvann Kovalski

Where the Wild Things Are by Maurice Sendak Whistle for Willie by Ezra Jack Keats Whose Mouse Are You? by Robert Kraus

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# Informal Assessment

Name:     Circle all correct responses. Each time the form is completed, mark and date it in a different color.
Colors: names   matches red   yelow blue   orange green   purple brown   black
Shapes: names matches sorts circle square rectangle <u>triangle</u> diamond
Quantitative concepts:     big/little     short/long     tall/short     slow/fast     few/many       empty/full     less/more     one more     just one
Positional and directional concepts:
up/down over/under in/out far/near top/bottom go/stop high/low inside/outside off/on closed/open beginning/end above/below
Rote counts to: 012345678910 Matches quantity with symbol:
Identifies numbers: 0 1 2 3 4 5 6 7 8 9 10 0 1 2 3 4 5 6 7 8 9 10
Identifies uppercase letters: (ABCDEFGHIJKLMNOPQRSTUVWXYZ)
Identifies lowercase letters: (abcdefghijklmnopqrstuvwxyz)
Identifies beginning consonant sounds: (bcdfghjklmnpqrstvwyz)
Identifies vowels: Recites (or sings) alphabet: Yes No Uses words accurately in weather reports:
Matches uppercase letters:     Yes No     Sunny, rainy, snowy, cloudy, windy, hot, cold, warm, chilly, foggy
Reads own name: (Yes No) Recites days of week: (Yes No)
Reads names of others: Yes No Recites months of year: Yes No
Carson-Dellosa CD-6315 13 On the Road through Prescho

# My Parents and Me: Getting Started

# School Stuff

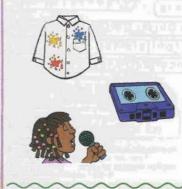
As you begin your vacation learning adventure, it is a wise idea to help your child organize some special materials. Here is a list of things your child may want to have on hand:

pencils	glue	paint	scrap paper
crayons	buttons	paintbrushes	construction paper
markers	tape	paint water container	old newspapers
colored chalk	play dough	paint shirt	safety scissors

Have your child decorate a box to store these fun supplies, and encourage him to put the supplies back whenever finished with them. That way, you will always know where everything is. Nothing gets lost when "picking up" becomes a habit.

# **Designer Paint Shirts**

Give your child an old white shirt with buttons from your closet. Provide fabric paints and let the child enjoy decorating this shirt. Always remember to button the shirt in the back. That way, when your child is extra dirty, you can unbutton the shirt and gently pull it off before paint gets all over you and your child's clean clothes.



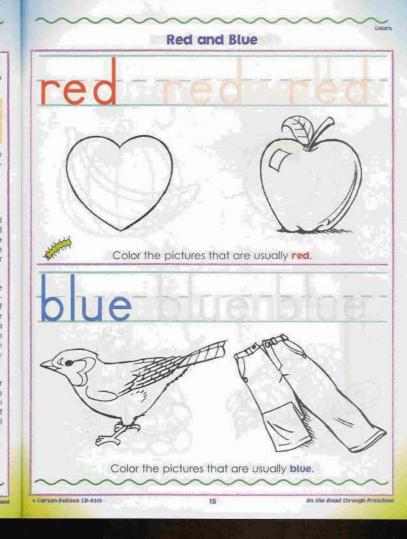
# **Our Memory Box**

As you work through this book, you will find that you and your child have created many wonderful things that you would like to save. Be prepared. Make and decorate a special memory box together with your child.

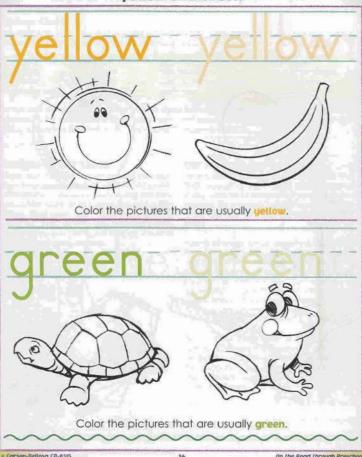
Take a photograph of your child and place if an the top of a box. To protect the photograph, cover with laminate or clear shelf paper. Ask your child to draw and color pictures all over the box. You can use a spray finish to give the box a shine and to help protect if from wear and tear. (Be sure to cover the photograph before you spray the box.)

As an extra treat, keep a tape recorder handy. Children love playing with tape recorders and listening to their voices. In the years to come, listening to the tape of your little one talking and singing songs will melt your heart.

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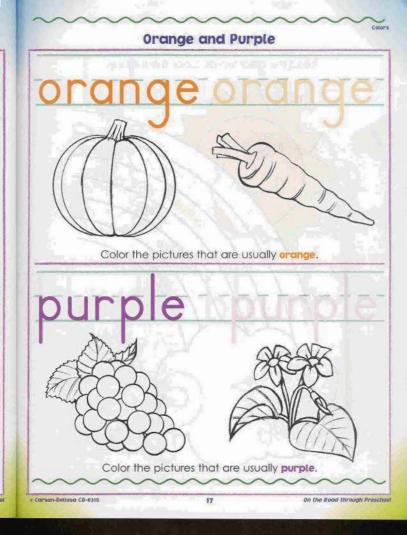


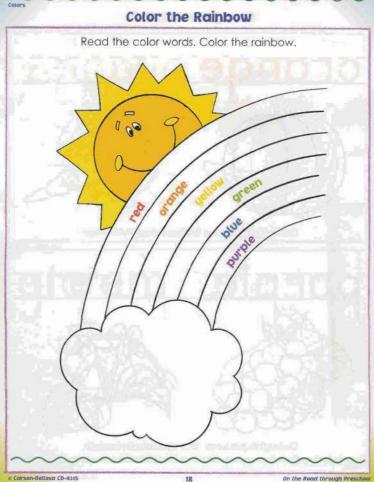
# Yellow and Green

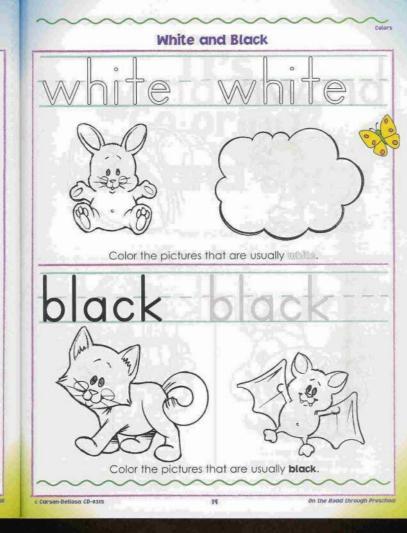


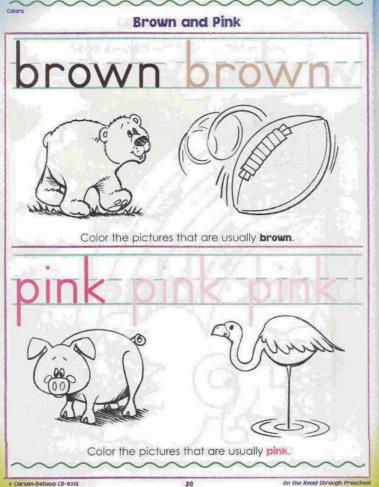
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Colors









# It's "Coloring" Cats and Dogs!

A "Read and Color" Story

21



Some people ask why my fur is bright **yellow**. "Because," I reply, "I eat lots of Jell-O."



Do not misjudge me. I'm not really that mean. My fur just happens to be the color green.

On the Road through Preschool

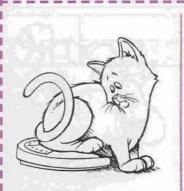
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I'm very hungry, and when I am not fed, I turn a really deep shade of crimson **red**.



My head is spinning, my face is turning **blue**. I think I am sick with a bad case of flu.



I sit on this scale, an **orange** tabby cat, and twitch my long tail. I'm a little bit fat.

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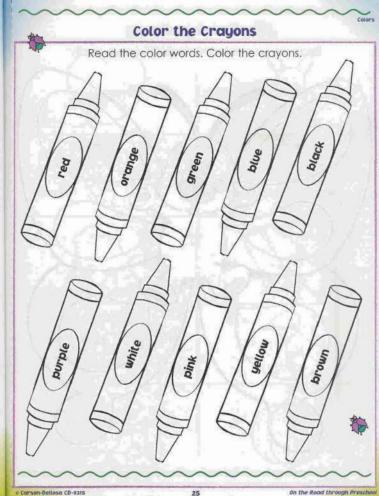
When I was quite young, I was crowned King Turple, because I was born the royal hue **purple**.



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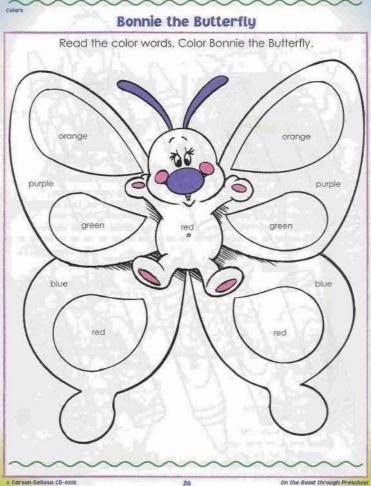
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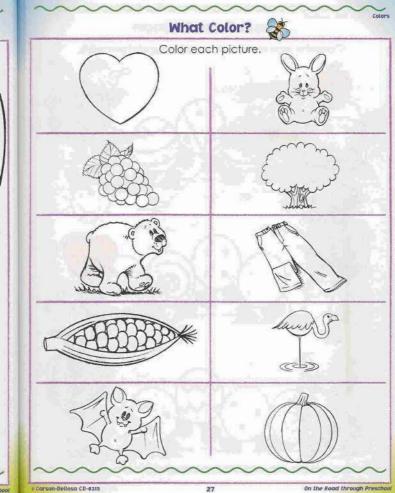




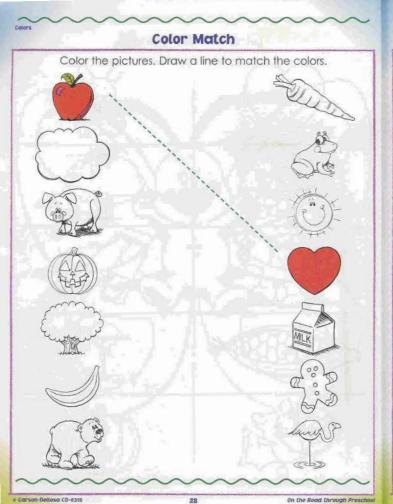
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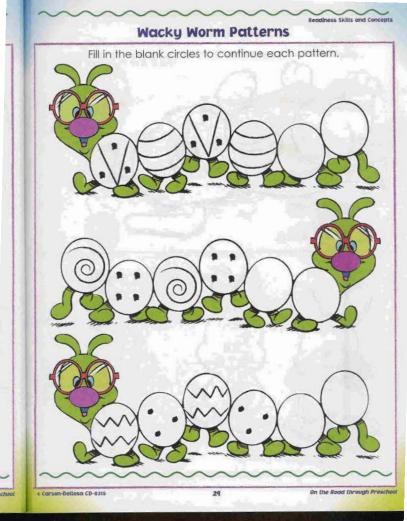
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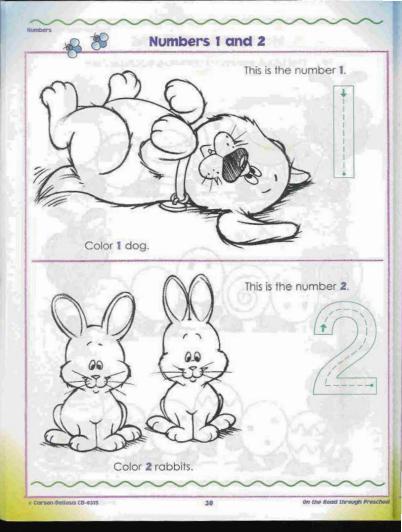


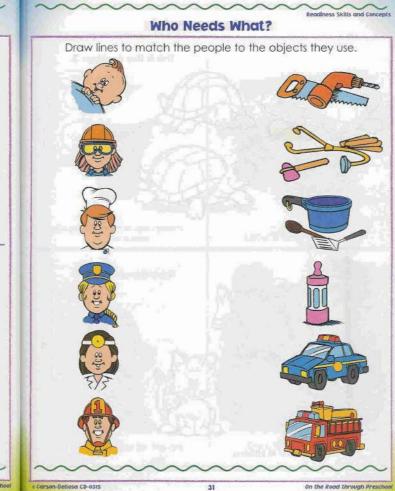


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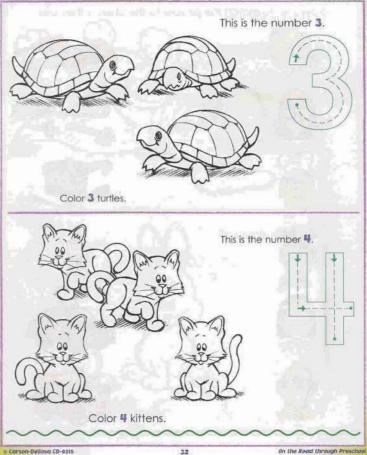






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# Numbers 3 and 4

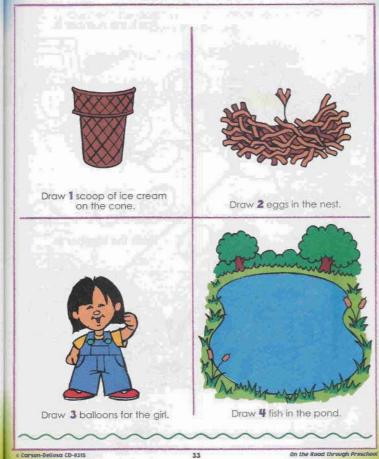


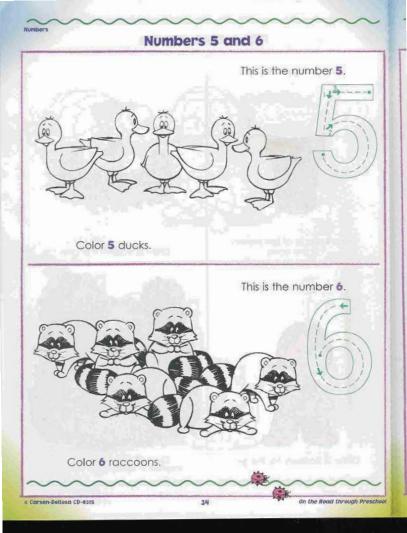
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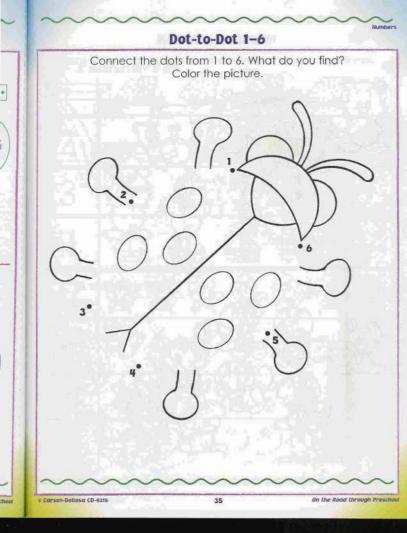
Numbers

# Finish Each Picture

Numbers

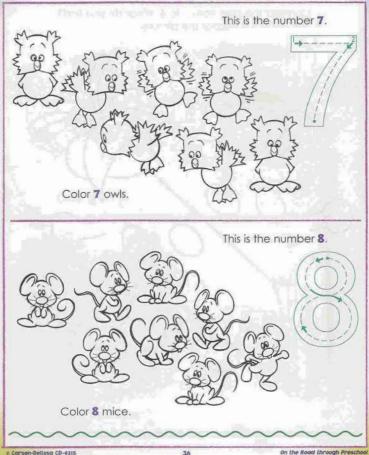




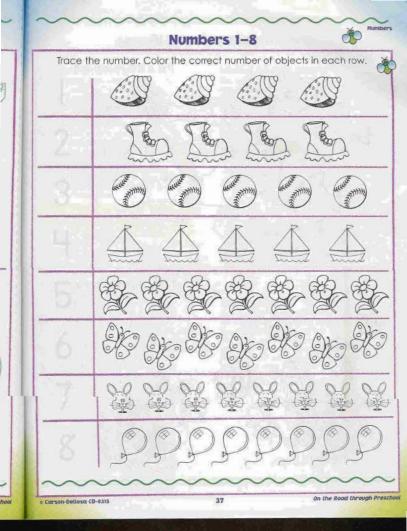


# Numbers 7 and 8

Numbers

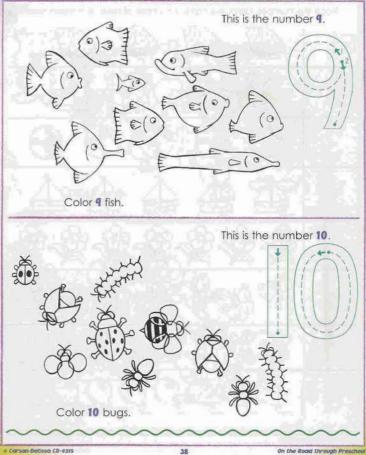


36



# Numbers 9 and 10

Numbers



# **Games and Activities: Colors**

# **Muffin Pan Colors**

Fill a muffin pan with water. Add a few drops of food coloring to each well to make red, blue, and yellow water. Give your child an eyedropper and a stack of white paper towels and let the discoveries begin. Have your child drop one color on the paper towel and then drop a second color on top of that. Watch as the two colors blend together to make a third color. For reference:

red	÷	yellow	=	orange	
red	+	blue	=	purple	
yellow	+	blue	=	green	

When your child is finished, allow time for the water on the paper fowels to dry. Mount the colored towels on black paper and display them on your refrigerator.

# **Mixing Doughy Colors**

This activity is a bit complicated but lots of fun. You will need: tempera paint or food coloring, Ivory soap flakes, a large mixing bowl, several small bowls (disposable paper bowls work very well), and self-sealing clear plastic sandwich bags. Mix up some Ivory soap flakes in the large bowl until the consistency is thick. Spoon a small amount of the white mixture into two bowls. Add a different color of food coloring to each bowl and mix well. Next, put a spoonful of each mixture into a self-sealing allastic.

bag. Let your child rub and squeeze the mixture until the two colors have formed a new color. Use the reference chart from the Muffin Pan Colors activity as a guide when making and mixing colors.

#### **Yarn Pictures**

Provide your child with six different colors of yam; red, orange, yellow, green, blue, and purple. Have her dip the yam into liquid starch or white alue, then place the

yarn in the shape of a rainbow on light blue paper, representing the sky. Help your child complete

the picture by creating clouds with cotton balls.

# **Color Wheel**

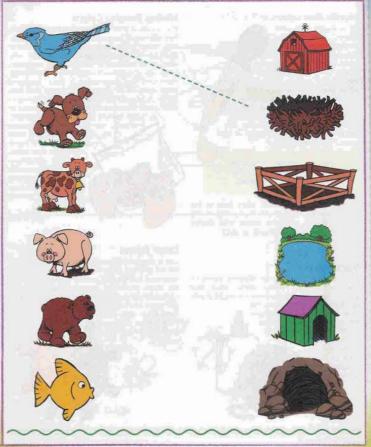
Use a sturdy cardboard circle or an old pie fin for this activity. Divide the circle into eight sections and paint each section a different color. For each section of the circle, paint several clothespins the corresponding color. Your child will have fun identifying the colors as well as matching, and then

clipping the clothespins to the correct sections.

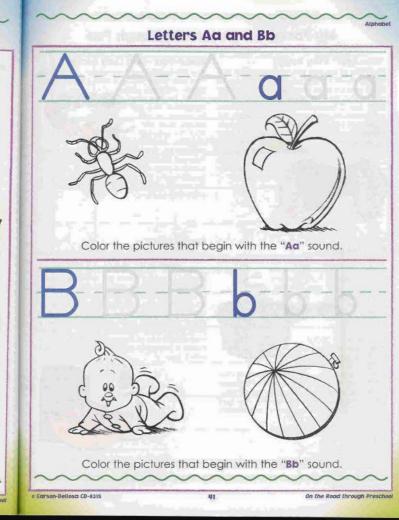
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Readiness Skills and Concepts

# Match the Animal to Its Home



c Carson-Dellosa CD-0315



# My Parents and Me: Play Dough Fun

## "The Best" Play Dough

This is one of the best play dough recipes that can be made in your own kitchen. It is easy to make and will keep for weeks in a well-sealed plastic bag. You will need: I cup sait, 2 cups sifted flour, 2 tablespoons alum, 2 tablespoons vegetable oil, and 1 cup water. Mix all the ingredients together until they form a smooth mixture. Food coloring may be added to the water before it is poured into the mixture to add color. Children will spend hours enjoying



Make-Your-Own Clay Beads

You will need: 1 part cornstanch to 11/2 parts flour and warm water, a mixing bowl, and a spoon. Add the warm

water to the dry ingredients and mix to make a stiff dough. Dust with flour to prevent stickiness. Help your



child roll the dough into the shape of a snake, then cut the long piece of dough into beads. Create holes in the beads with a nail. Allow the beads to dry, Your child will have fun stringing the beads with yara and creating all sorts of interesting patterns.

## Magical Clay

This is one of the best recipes for making homemade clay that can be painted. Heat 21/2 cups of water over low

heat until you see bubbles. Remove the

pan from heat, in a s e c o n d pan, mix 1 cup constarch into 1/2 cup cold water until dissolved. Add the cornstarch mix-

ture to the hot water and stir

until the consistency is like clay. Form the clay into shapes or sculptures and allow the dough to dry at room temperature for three days. After 36 hours, the clay will become very hard and can be painted and sprayed with shellac.

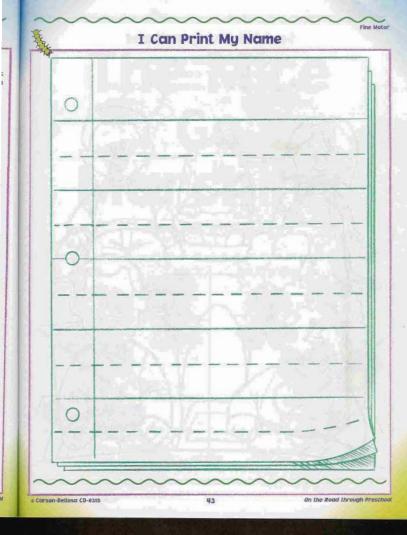
### **Funny Putty**

Furny putty is a crazy clay that is fun to make and incredibly fun to play with! This is one recipe that should be closely supervised, though, because it can get extremely messy. [Still, the fun is well worth the mess!] Add 2 parts white glue to 1 part liquid starch in a large plastic bowl. Mix well. If the putty is still too sticky after a couple of minutes, add more starch to make the mixture more workable. This funny putty has a really interesting texture. Your child may spend lots of fime just squishing it in his hands. It is so much fun, you may want to play with it, tool



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42



# Seat Belts Keep Us Safe!

"Always wear your seat belt!" That is a very important rule. Remind your family to wear their seat belts.



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Safety

# The Mice Go Marching

A "Read, Count, and Trace" Story

45



The mice go marching. Now I see **3**. What's on her finger? Buzz, her pet bee.

three

Carson-Dellosa CD-0315



one



zero

The mice go marching. Where did they go? I don't see any. Not one. **0**.

# The mice go marching. At last, there's 1! A cute little mouse, sucking his thumb.

The mice go marching. Where's number **4**? Oh! Now I see her, behind that door.



four





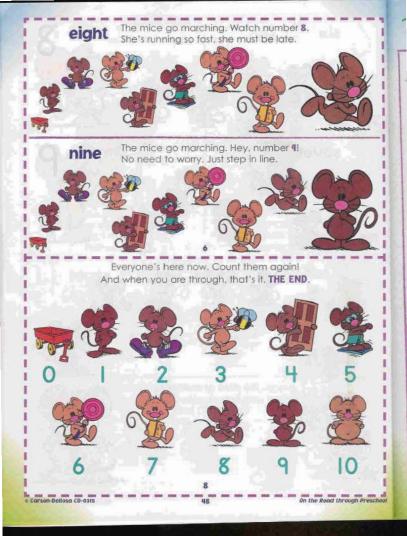


five The mice go marching. There's number 5. He's dressed for the beach, ready to dive.

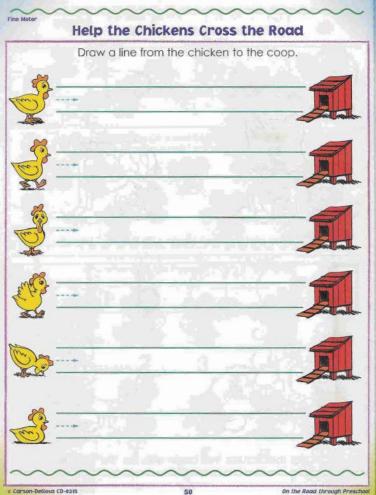
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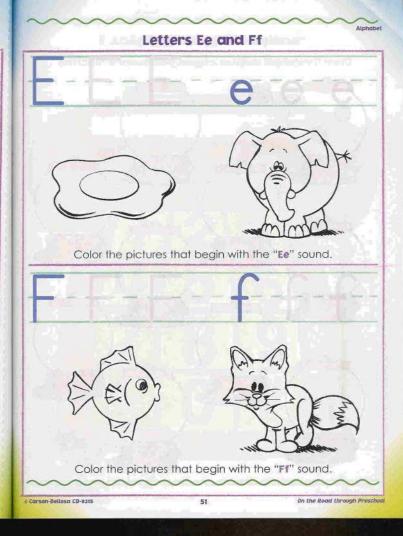
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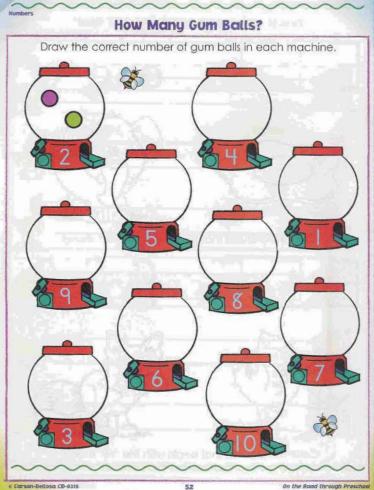










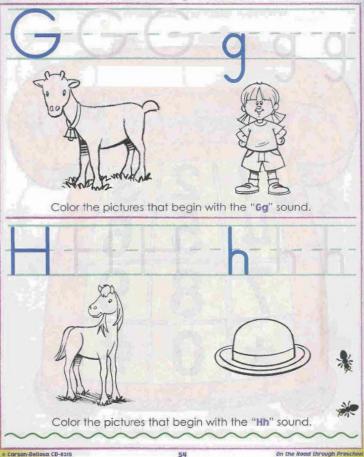


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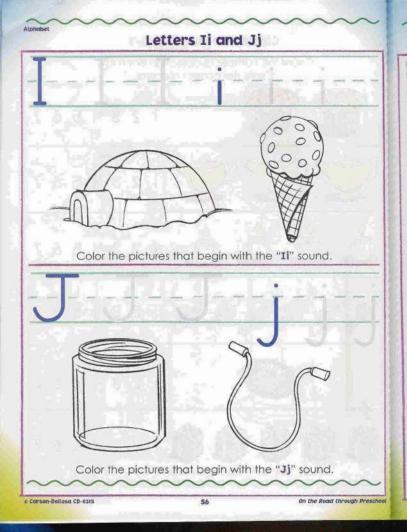




Alphabet







# Games and Activities: Learning to Print

Printing is a fine motor skill. Before young children are able to print properly, they need to strengthen and develop muscle control as well as eye-hand coordination. Developing these skills takes time and patience. You need to know that those first letter and numeral formations will be large, sometimes backwards, and often unreadable. That is normal at this stage in your child's development.

Before spending too much time teaching your child to print actual letters and numerals, spend some time on activities that strengthen pre-handwriting skills. You will find several activities that focus on fine motor skills in this book. These exercises will assist young children in developing some pencil control.

There are many other things you can do to help develop these skills, while also providing experiences that are successful and fun for your child. Try some of the ideas listed below.

## **Pre-Printing Ideas**

- Give your child tracing and simple dotto-dot activities to complete.
- Practice lines and circles (and letters or numerals if readiness is shown) on a sand-filled cookie sheet. The child can feel the shape and directionality of letters, numerals, lines, and circles.
- Finger paint is a wonderful medium for exploring the formation of shapes, letters, and numerals.
- Create play-dough, cookie, or bread-dough shapes, letters, and numerals. (It is also fun to bake and eat the ones made from cookie



ones made from cockie or bread dough.)

 Give your child a pair of scissors and several sheets of paper. With your supervision, have your child snip



fringe all around the paper. This helps, build fine motor muscles and increase fine motor control.  Make shapes, letters, and numerals from small objects, such as buttons, small stones, pipe cleaners, string, and small blocks.

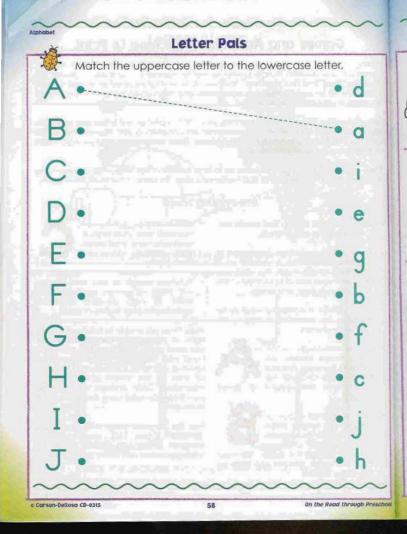


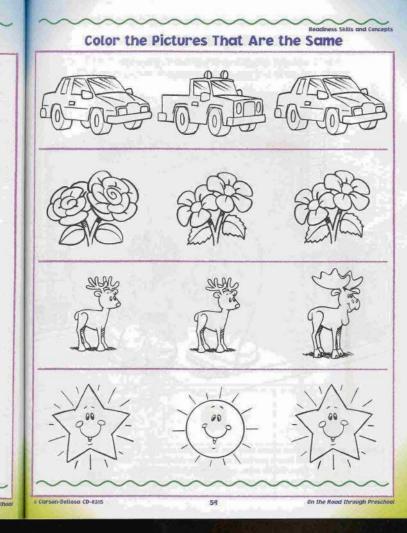
 Purchase stencils for your child. Playing with them will provide another experience to help develop eye-hand coordination and muscle control.

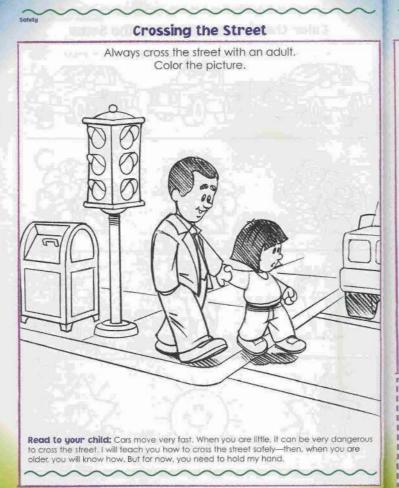
Note: If you are unable to tell if your child is right- or left-handed, do not encourage one hand or the other! Watch to see which hand your child uses most often. When handing your child a pencil, hold the pencil level to the middle of your child's midsection. Often children will take the pencil from an adult using the hand that is dominant.

See the numeral (page 65), uppercase alphabet (page 110), and lowercase alphabet (page 112) tracing pages for printing practice with letters and numbers.

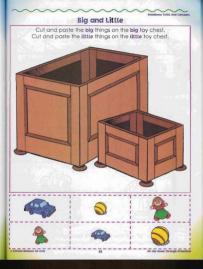
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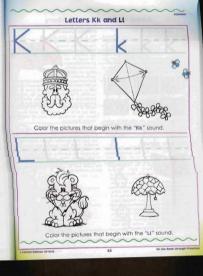






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#### **Games and Activities: Numbers**

#### Two-Piece Number Puzzles

This is a wonderful self-checking activity that will seake a two-piece puzzle play than moth practice. Make a two-piece puzzle for each of the numpieces to cadedound. On the tell side of each optices at cadedound. On the tell side of each optice wither on the eight side. See illustrations, out on the earts in two, varying the design of each out so there is no two en concel fit.





Two-piece puzzles are also effective for matching uppercase to lowercase letters, color words to colors, and photographs of family members to their nomes. The possibilities are endiess.

#### **File Folder Games**

File folder games can be fun and educational.



For this activity, make five to ten barns and glue them on the inside of a file folder. Label each barn with a numeral. Then tope a clear plastic sandwich

bag next to each born, leaving the top open so aimsis may be pub in the born. You'ram, animal sickien to make animals for the born. Place the sickien on heavy paper (the top of a pint box work well) and cut out. Prepare many animals, the goot for your child is to identify the numeral on each born and place the correct number of animals in the top are to the born.

Try making other file folder games using paper planets and alien stickers, paper trees and apple stickers, or other fun combinations.

#### Number Jumping

This is a great rainy-day activity when your child needs active movement but connot go outside. You yikafic tablecioth or window shode. Using a permanent bleak enders draw a

paths a hopsochet gela or a pond with stores on the tableciation or those, table each section with a numeral, Have your child jump on the number in sequence, counting up, counting backwards, or counting by twos, Alternately, juit have her jump on any number and say the name of that number out laus. This activity is allow two table with beantogos, have the child threve the backbad on.

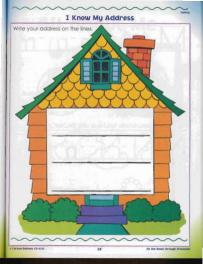
#### Shirt Box Counting

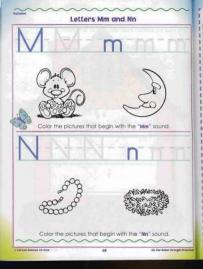
Make a lotto board on the inside bottom of a with bas, the illustration.) Make comesponding numeral cards from helex cords. Have your child count the dats (or sticken) in each source and place the matching numeral cord in top of that spuze. When your child is finished, simply put the numeral cords in the box, put on the cover, and the game is ready to store for use on another day.





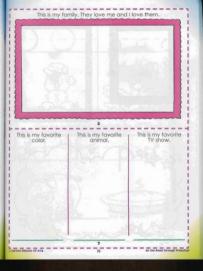






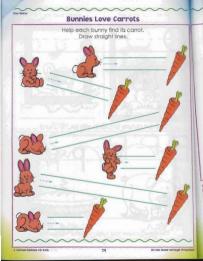


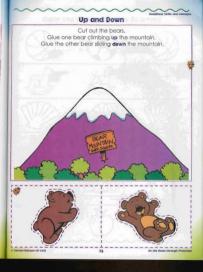


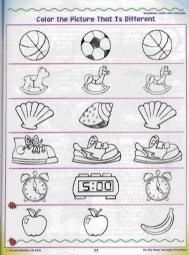


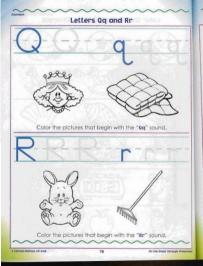












### Games and Activities: Matching and Sorting

Matching and sorting are not just skills for young children-they are skills that everyone uses daily, Just think about it. How many times throughout the day do adults use these skills? We sort loundry by color and fabric: we sort dishes and silverware as we put them away; we sof money when we make budgets; we match statements; we match clothing to greate outfits: we sort toys and other objects as we tidy our homes. Not only are these everyday life skills, but they are also important skills needed

#### Lots of Ways to Sort and Match

Nore are several ideas to help your child develop necessary matching and sorting skills

- Sort objects by color (pegs.
  - (parquetry blocks,
- Sort coins by color or value.
- Sort sounds on soft or load.
- Sort foys as to where they belong when your child picks up her room.
- Sort clothes by type (shoes, shirts, shorts).
- As your child becomes more skilled, begin squares, yellow circles/





#### Egg Carton Sorting Box

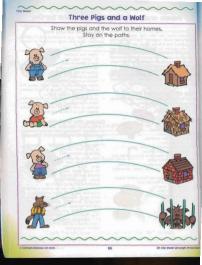
An egg carton is a wonderful tool for sorting activities. Here are some examples of how to use one.

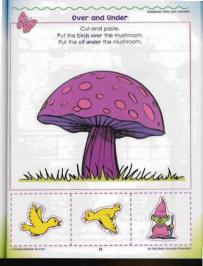
- Color the hollom of each eag section a different color.
- each section. How your child place the
- Glue buttons to the bottom of each section. Howe your objet sort according to the exact shape, size, or number of holes.

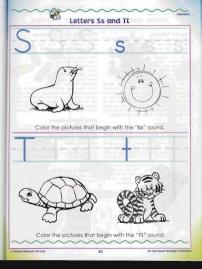
#### Cataloa and Magazine Activities

Cataloas and magazines are wonderful aids for creating matching and sorting activities, Here are just two examples of how to use them.

- Use two identical catalogs so you have access to identical pictures. Cut out two of the some picture and glue each onto an index card. Make cards. Hove your child match the identical objects or faces. Faces can also be sorted according to gender, gas, and other categories.
- Using large catalogs, cut out pictures of things in particular categories, such as clothes turniture meanie shoes ourses luggage. things you use in the kitchen. things you use in the baffyoom, and things that appeal to children. Give onto index cords. Howe your child sort the pictures into different cotecories







# Games and Activities: Outdoor Learning

#### Squirt Painting

This activity requires some browery on the part of the parent, but your courage will be greatly rewarded when on your child's face. Tape o large piece of paper (idf environmer works)



well onto the funct of a tree. Pour sightly wolfneed-down temperar pain into a clean spray bottle (window cleaner bottles work well). To make this extra fun, prepare four or five part bottles, each with a different cloir of paint. Then is your child have fun spraying designs on the poper the finished artwork may look as good as an original backson Policidi

#### Large Murals

Children enjoy working on huge pieces of paper. Uncil a large theet of wapping poper or builther block poper on the driveway or lidewak and tope it in ploce. Give your child partis, chak, crayoni, and other moterials to use to create a really big masterpiece. It is also fun to trace each others' putting. Tace your

child's body and let him colorin facial features and clathing. Then let your child trace around your body and finish adding your features.

### **Driveway Chalk Drawings**

Remember doing this when you were young? Well, now the chalk come is more coles and in bigger sicks—perfect for little hands, you chaid will have hus just circuing with chaik, but you can assist her in creating tome driveway or side walk gomes as well. Draw pickness for your child to the provided to the pickness for your child to the pick of the pickness for your child to the pickness for picknes

color. Have your child draw hopscotch grids, roads and towns for tay cas, or giant game boards where your child and highed can achally be the game pieces. Simply spending quality time playing with your child is the best thing a porent can do he mutue school success.

### **Rock Paperweights**

Go on a nature hike and look for smooth rocks. The rocks you collect can be painted sublide and twen surged

with shellac for a nice finish. Rock paperweights make excellent gifts for family members.



#### **Colored Sand Jars**

Your child can make some interesting designs using colored sand and a glass jar with a screw-



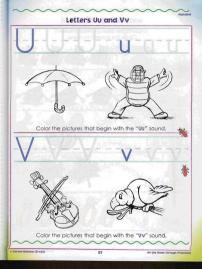
which seek of most cert stores.) Help your child pour alternating colors of sond into a jar. The sand will stay in layers. Sand jais are prelty and interesting to look at. They also make a fun bitthday party activity.

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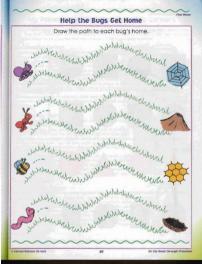
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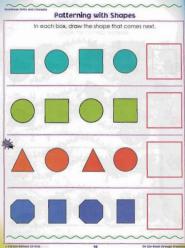
On the Road through Presches











On the Roost Drough Presches

# My Parents and Me: Creative Play Corners

Young childrein learn to much from imaginative play. They learn creativity as well as problem solving sits. They build social skills and can acquire many pre-ocademic readiness sits. Noo. Here are some two ideas for play comes their you and your child can create together.

#### The Hospital Corner

Doctory and nurses are favorite roles for children to play. Create a hospital environment in your own home with these simple ideas.

Medical explaneate, Every medical professional needs or medical bagtios can create you omin with an and black bag or yous. Add torse bondages, tongue depresais, cohon baß, empty hobing dichol botte, and threw which male exceled hemometers and whighs. Old tong can be used to digibly of the medical uppeter in an organize toom. You can make a teleficial perfect them a long place of your and a small plattice organize uppet cap. Funct two holes in either sign of the cup and thing the wram through the cuin.

Uniforms and patients: Provide old white dress shirts for the doctors' and numes' lab coats. Have serveral dails and stuffed animati available to act a cotients.

#### The Grocery Store

In order to create a great gracery store, there are some things you must fint collect and prepare.

Registing the store Store discosted contrainers, such or cors be aver to cleare ond targe the trave edgest; created and other food, boxes; milk, egg, and juke contains and butter, margaine, and cottage cheese tabls. You will also wait to purchase some gaste truts and vegetabilities. You child will have fun helping. If to decide what though to each in the store.

Checked litem: for the checked counter you will need a colliregater or ociositotic play money, grocery bogi, caponi, and toy hispopring costs. Not only will children have fun playing in the grocery store, but they will be learn about hundlion, the food groups, money, i counting, and key concepts such as top, middle, bottom, less more, bit, and emoty.

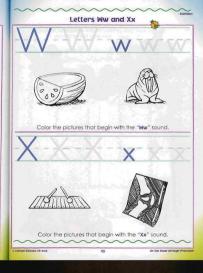
#### The Dress-Up Corner

This is of eventile play verse for many children, both gift and boya disk, Here are score suggestion for firing jury whand on hand to make a flab/typus direst-up commer: a minor secured to a wait, a costnack, beleficiales, holt bines, waits, porce, listensis, scorensis, levels, makeup (if you are borne), glasses, and avegins framme (hermine) the literate, makeup (if you are borne), directions, and borne), and anyothing you can hink of the direction and borne, longings, and borne, haves anyothing you can hink of the direction and the language they user. You will be princised by here far their imaginations can folle mem.

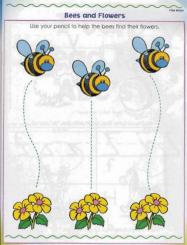
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on the Rood through Preschool







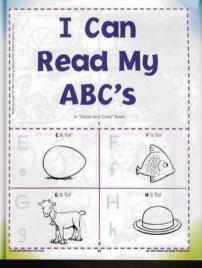


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On the Rood through Preschool















A-B-C-D-E-F-G-H-I-J-K-L-M-N-O-P-Q-R-S-T-U-V-W-X-Y and Z.

Now I know my ABC's. Next time won't you sing with me?

#### endness Skills and Concepts

# Mother and Baby Memory Match

Cut out the cards. Spread them out facedown. One player turns over two cards. If the cards thow a mother and baby animal match, the player keeps the cards and takes another turn, if the cards do not match, the player turns the cards back over, and the next player takes a turn.



A Corson-Bellose (D-6315

101



# My Parents and Me: Cooking Fun

#### Ice Cream Clown

This fun dessert is a special treat, that young children will love! Place one scoop of loc ontern on a plate. Wu's come on top of the loc cream for that, Add child so refer a nouth. If and the special control to the mouth of the mouth. If hat with whipped cream. Tour child will special with the delight, creating these clows all alone!

#### Frozen Bananas

Sometimes it is clifficul to convice a young child that it is good to eath healthy snakks. Here is a fun iden that we persubse voor child to eath a feat that is also nutificus. Peel a distribut is also nutificus. Peel a baaraan is distribut is also nutification of the cup water and the baaraan is any controlbaaraan is any controlbaaraan and conserved.

nuts, melted chocolate, sesame seeds, wheat germ, or cincarson, Set the bohana on was paper and treaze for at least one hour before eating.

#### **Edible Necklaces**

Give your child an 18" piece of yom with making tape wapped around each end. The making tape will serve as a needle, Lat your child string pieces of cereal, cardy, or any other small foods that have holes in the middle. Your ohld will enjoy wearing and munching on the widble neckace.

#### **Tiny Pizzas**

Tiny pizzos are easy to make and provide a warm, fun-to-eat lunch. Spilt on English multin in half. Spread 1 tablespoon spaghetti sauce on



or other favorite toppings. Sprinkle with shredded mazarelia cheese and a dash of oregans. Nace in the oven or toaster oven at 425°F until the cheese melts.

#### Terrific Trait Mix

If you are the parent of a young child, it is a good beit hart your gonthy is filled with nearly empty basis. Use these terms to create your own trail mits. Alls together in a stronge bag small amounts of cereal, rosists, sunflawer seeds, peonuts protekt, and other



peanuts, pretzela, and other goodies. Serve in small paper cups.

#### Ham and Cheese Roll-ups

You will need 1 controlling motion of concert tool. 2 coaps charged name, coaps in model checks of cheeses, buttle, o and an extended cheeses, buttle, o and an extended cheeses, buttle, o and an extended cheeses, buttle, or and and cheeses to and the coaps and the cheese service and any home and cheeses and any home and any home and any home and any home any home any any home any h

wide end. Bake at 40079 for 10 to 12 minutes. This recipe will make eight ham and cheese roll-ups for a fabulous lunch.

# Corson-Detlese CD-8315

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# Top and Bottom

Cut and paste. Put the blocks on the top shelf. Put the drum on the bottom shelf.



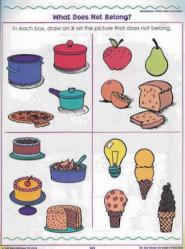




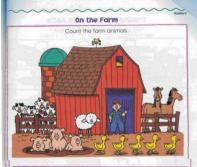
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On the Road through Preschool



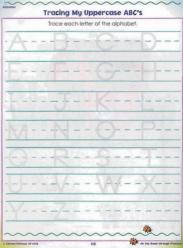






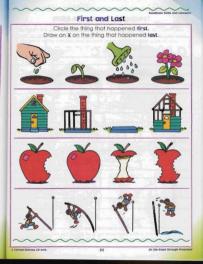
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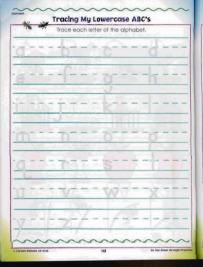
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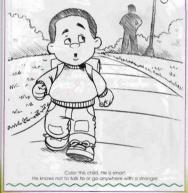
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# Stay Away from Strangers

Strangers are people that you do not know. Do not talk to strangers, and never go anywhere with someone you do not know. Always stay near your parents or the people your parents have acked to take care of you.



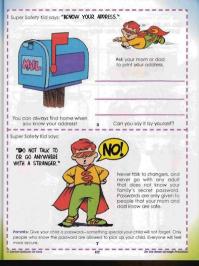
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on the Road through Preschool













## My Parents and Me: Painting Fun

### **Pudding Paint**

Sometimes painting is more fun when you use something other than paint.

Next time, try pudding! Mix regular instant pudding in a targe jar with a fightly socied cop. Children love shating the jar to micken the pudding. Chill until the pudding is set. Secon pudding onto a clean counter or witchen table

and let your child finger paint (and snack on the pudding, tool).

#### Shaker Painting

Mix equal parts tempera paint and salt in a solt or spice battle. Do

not add water, Have your child create designs on a piace of construction opper with write glue. Shoke the powdreed paint mixture gwar the glue design and lat dry. Once the glue has dired, genity shoke off ony exits soft crystas to or ony exits soft crystas to ar

# Cotton Swab C

Toung children often hove touble controlling a pointbrukh and large amounts of paint. Here a a fun idea fred hergs to control the mess and provides children more control with the paint. If an old ice fray with lead tempera paint or use watertolling. Give your childr a cotton yead for each color and lart tim have fain painting. You will find that this painting experience is less ch a mess. Simply three uway the seades when the painting is correlated.

### Make Your Own Finger Paint

This linger paint recipe is easy to make and provides a fun tactle experience. Mix together 1 cup flour. 1% teaspoons sait. 1 cup sand, and

1 cup water. Add food coloring or paint for color. You may also switch the proportions of salt and sand, if desired.



#### Soapy Paint

Mix fogether ivery soop flakes and a small amount of water until you have created the consistency of whipped cream. Then add powdered tempera point or food coloring. This is a

> ton inger point to use on a smooth tabletop or on finger

paint paper. The soop flokes make for easy cleanup.

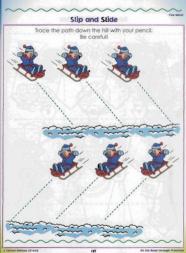
Special Note: Before you lef your child point all over your table or countertops, please by the

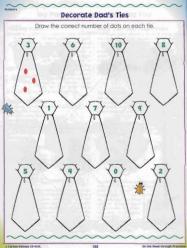
paint generally cleans up easily, but it never hurts to double-check that you are not coloring your countertops perminently.



# Corson-Dellose CD-431

**On the Read through Presched** 







## Games and Activities: The Five Senses

#### I Can See

Have your child make a tet of binocular. You will need habs, yam, and hao paper clips, brook, or tope, Atlach the two tabes side by side with the clips, brock, or tope, Ruinch a hade in each tube and add a piece of your to the



around the neck. Take your child on a nature hike and let her investigate with the binoculars.

#### I Can Feel

Make a texture memory match game.

 You will need: 20 or more empty thread spools or small wooden blocks, glue, and a variety of testures, such as sandpapet wool, sik, velvet, dotted swiss, flocked walpaper, crumpled foil, van., and cotton balls.



Cut small pieces of the materials and glue them onto the spools or blocks. Make two with each mothnot. Your child will enjoy feeling the different havtures and trying to match the identical ones this is especially for with closed eves.

Note: Do not use a blindfold. Having samething ligd over one's eyes is often scary for a preschooler or kindlergartner.

 Fill a bag with various lextures. Have your child close his eyes, reach in the bag, pull out a material, and describe if as either "smooth" or "rough."

#### I Can Hear

If you do not already own a tape recorder, you may want to get one. Tape recorders can provide hours of fun and learning.



- Record your child taking or singing into the tape recorder and ploy it back. Children delight in hearing how they sound.
- Record several everyday sounds: phone ringing, clock ficking, vacuuming, water running, dog barking, and so on. Play the tope for your child and have her identify the sounds.
- Record yourself reading some of your child's favorite staries. Your child can pretend to read along. This tape might also be useful on night when you are out and your child has a baby sitter.
- Record yourself reading a story and have your child do the sound effects or say the repetitive lines, such as "1" huff, and i"li puff, and i"li blow your house down!"

Species Note: The next two senses have been downplayed because it is so important that young children learn not to smell or faitle anything that the parents or another responsible adult has not given the child.

#### I Can Taste and Smell

When cooking, have your child sample a variety of loads. Use descriptive words to take about how things taste. Sampling alterest foods may encourage better earting habits in a fusty earter. Point out various smells in the house, when on notwer walds, and in other stloations where strong smells are present. Be sure to these the above peoplal note with your child.



## Inside and Outside

Draw a circle O around the things you find inside. Draw a square around the things you find outside.



On the Rood through Preschoo

a Saitta could





## My Parents and Me: I Love My Grandparents

## Special Dinner for Grandparents

Invite your child's grandparento ver for au special dinner. Let your child disclation me menus and help prepare the alimet. Prepare wholever your child wants, whether it be hel dogs and pudding or peanut bufter sondwitch est Grandparents will hove the foct that their anadchild hos. planned

this special evening, and your child will have the wonderful memory of giving his grandparents this special gift.

#### Family Tree

This tamp's hele project makes a wonderful and for a grandparents. It also provides the apportunity to leach your child some family finder and a paper pinder, frame your child's factor of a paper pinder, frame your child's following on the lot of the child of the state of a paper pinder of the pinder of family members of around the pinder. Al your on working on this project. Blocks how each family members is related and have each of completed, wang it up and list your child completed, wang it up and list your child papershift to be regarding and but your child to any the page of the page o

that she learned abo your family while making the cift

## Picture Paperweight



Paperweights are easy to create and make great gifts. You will need: a photo of your child, a clear plastic cup, tell, plaster of parti, and glue. Tim the photo so that it fils into the bottom of the cup. Saueeze o

and croach of glue hits the boltom of the cup and prast the picture facebox motils the glue. Let dry overright Check to see if it is ready, by bolting of the photo A. The glue etablishes drive the boltom of both account theory of the second of the photom account dry completely. The picetic con then be out dry completely. The picetic con then be out dry completely. The picetic con then be out the boltom of the proprievely to that it does not be out on the proprievely to that it does not have a gift to be merembered.

### My Picture of Grandma and Grandpa

There is nothing more adorable than the actwork of a young child, aky your child for draw a picture of his grandparents. Incourage details, but do not asist with the drawing, When your child is finished, forme the pices of aft and help your child wrap the gift. Grandparents with be trilled to receive the afts two child with elex.

be thrilled to have made something that is so treasured!

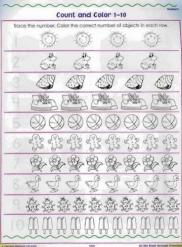


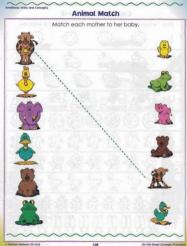
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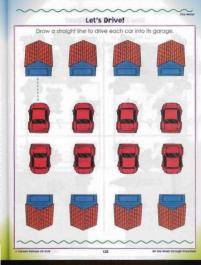
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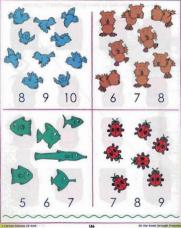








## How Many in Each Box?



On the Roost Incough Preschool



## My Parents and Me: Family Fun

Here are four fun activities that families will enjoy doing together

#### **Balloon** Catch

Young children (and adult) glavys seem 10. enjoy playys yem balacols, tree playse yem balacols, tree playse gatch with balacol playse gatch with balacol and turnes. If you do not you will need a balacon and turnes. If you do not have furnets, you can easily make them by rolling blees at tigbeard into hannel thaps. Tage each furnet in a tingue tayee: One person fursuality market

youngest) stars the game with the balacin on her lupnel. That player pushes the balacin on her lupnel. That player pushes the balacin on this the balacin. The other player or players thy to catch the floating balacin on their funnels. Count out fould to see how many linnes you con keep the balacin up in the air. This is a great activity for increasing even-hand coordination.

### Creepy Crawler Can

Young children love pretending that they one explores. Help your child make a creepy cravier can to lote with him on his nest datemher. Use a cylindrical contribut container as the can. Cut out a section for the window. Tages screen or netting to the inside of the box to cover the window. Punch holes on either side of the container.

near the top and attach a string for a handle. [See illustration.] Now, go on a hunting adventure and see what you can catch!

Note: Remember to be gentie and release everything you have cought.

### **Gigantic Bubbles**

### Paper Airplanes

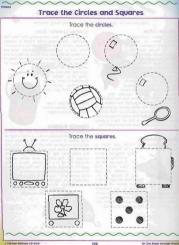
Nearly everyone has made and flown a paper giplane at least once. There is some-

thing magical about watching a plane by through the air, Take your child outside to fold outside to fold

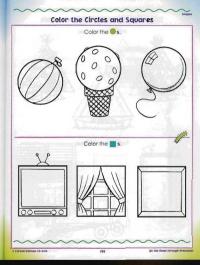
lowest? Whose plane will fly the faithest? Whose plane will fly the highest? Whose plane will fly the fastest? Just think of all the wonderful concepts (and the idea of estimation) that can be laught simply by flying paper originates! In order to make huge bubbles, you with need a long betting obuebs southon, and winning or long piece of heavy wile, and a pitch part, and the hanging or wire into a citica, using the hand as a handle. Paur the bubble isolation into the pizco pano. Bub the discours of all lay through the air in a big dickle, which as the gamte bubble approx. To use on an mark your own bubble jokation, Mix together I gation ownight in a citica pipol, discours on the memory of the air in a big dickle. Wolch as the part of the bubble pipol. The source of the memory of the air is a big dickle. Wolch as the part of the bubble source and the source of the bubble wait and your cities.

mode together.

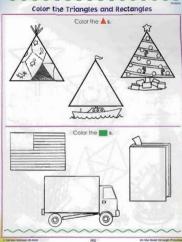
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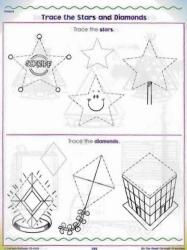
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On the Road through Preschool



## **Games and Activities: Shapes**

### Artistic Shapes

There are many ways for you and your child to make shapes that will allow your child to touch



and seel the actual forms. Multierscoy learning can be a powerful feaching tool for a young child. Not only does the child see the shape and verbally identify it, but also recognizes the shape by the way if sets. Here are some fun ideas for creating touchable shapes.

- Play-boogh Shapes. Use any of the playdough recipes found on page 42. Make the dough and then have fun forming the shapes.
- bet-to-bet Shapes. Moke a dol-to-dot shape on a piece of paper, instead of using a pencil, have your child use while glue to connect the dots. When the glue is day, the child can trace a finger over the solid glue and feel the shape.
- Yann Pictures. Dip pieces of colored yarn in white glue. Arrange the yarn on a sheet of construction paper. When the glue is dry, your child can feel the shape by fouching the yarn.
- Shape Cettage, Using a variety of colors of contruction page, pre-out for your child a multitude of page shapes. Let your child create a colorge by gluing the shapes onto a large piece of construction pages.

Beanbag Shape Board If you or photter family member is handy with construction moterials, try creating this easy-to-make game that will last for years, Simply cut a variety of shapes out of one piece of plywood. See ilustration,) Mount a stand on the back of the plywood, and purchase or make some beambags, Childran lowe throwing things of a target and can practice naming the shapes as they aim their beambags.

#### Fishing for Shapes

The traditional game of fishing with a magnet

children. Make a simple finan gole fram a vardtrick, meterstick, or dövel rad. Attach a moment to one end of the pole with a long piece of sting, Cut out several construction poper fins. Draw a shape (or color, number, obsched letter, etc.) on each fi avec oftach

a papercija. Treve the fan in a cardboord bas pond and go fining. Make up gamel as you fini. Maybe you only wait to carbh the "sfar" fah, sa all others have to be thrown book maybe the finingle fah ore damgerous, so extra coulion muit be taken; or maybe the circle fah are good lucks, on they earny ou an exite famil.

#### My Own Felt Shapes

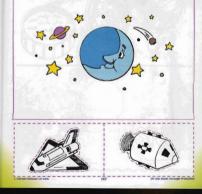
Gue a piece of block tell on the inde cover of on old carabiboard pencil box. Cut out fell shapes in a voriety of colos. These ingress can be stread inside the box. Your child will. Nowe tars of two making pictures with the shapes on the block fell blockground. Add fell numbers: colors: and letters to the bios for added enrothment.

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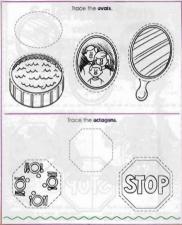
On the Road Shrough Preschool

## Above and Below

Cut and paste. Paste one rocket above the moon and stars. Paste one rocket below the moon and stars.



## Trace the Ovals and Octagons



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A "Read and Trace" Story

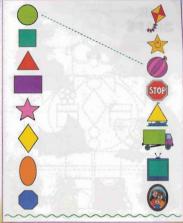






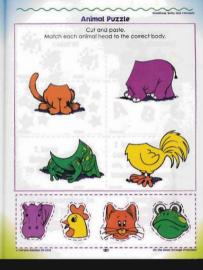


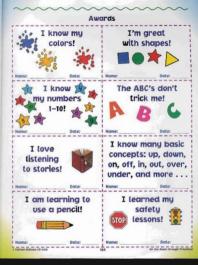
## Match the Shapes



Shipes







## About This Book

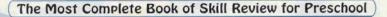
Welcome to On the Road through Preschool? You and your child are just beginning your terming adventure. As you have already discovered, a young child can learn guickly when provided the experiences that premote a child's natural curtasity.

As you look over the activities in this book, please keep in mind that all children mature and develop readiness skills at different roles. Some of the skills covered in this book may seem casy for your child, while others may seem to adifficult. Use this book together. Preschoolers need your guidance, your support, and your participation.

Skills Covered: Fine Motor /Printing Colors & Shapes Readiness Skills Basic Concepts Numbers Alphabet Safety

#### Visit our Web site at: www.carsondellosa.com





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CD-0315

# Includes:

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- 34 Special Games and Activities
- Recommended Children's Books
- 6 Interactive, Pull-out Mini-Books
- Informal Assessment
- 30 "My Parents and Me" Activities, Including Art and Cooking Recipes, Creative Play Corners, and Family Fun
- Fun Web Sites
- 8 Awards
- Stickers

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# Introduction

## Dear Parent,

Welcome to On the Road through Preschool. You and your child are just beginning your learning adventure. You have already discovered how much and how fast a young child can learn when provided with the experiences that promote a child's natural curiosity. It is miraculous to look back on your child's first years and see how many skills have already been acquired.

On the Road through Preschool is very different from the other books in this series. This book has been written for parents whose children have not yet been to kindergarten. Whether your child has had the experience of preschool or not, kindergarten is a big change. It is one of those monumental milestones in your child's life (and yours!).

Your soon-to-be kindergartner is rapidly learning at his own pace. As you look at the activities in this book, please keep in mind that all children mature and develop readiness skills at different rates. Some five-year-olds love pencil and paper tasks and are able to use scissors, while other five-year-olds would rather build with blocks and put together puzzles. Both types of children are normal, and both will discover their own learning styles in time.

This book includes many pencil and paper tasks. If your child seems ready for them, that's wonderful. But if your child is not ready, the majority of these activities can be accomplished without writing on the page. For example, on a page where the child is to circle two objects that are the "same," the child can simply point to the objects that are alike. Be creative as a parent and adjust each task to meet the needs of your child.

This is a "togetherness" book. Every activity is meant for parents and children to work on together. Preschoolers need your guidance, your support, and your participation after all, you are your child's first teacher! In addition to game and activity pages, you will also find pull-out mini-books, recommended book lists, Web sites, awards, stickers, and special activities called "My Parents and Me." "My Parents and Me" pages provide you and your child with meaningful learning experiences that cannot be accomplished on a piece of paper.

As a parent, there is nothing better you can do to ensure your child's educational success than to spend time together. Not only will you help increase your child's skills, but you will also create many happy memories.

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## Everyday Ways to Enrich Your Child's Learning Experiences

As the parent of a young child, you are eager for your little one to learn and to achieve some of the skills she will need in order to succeed in school. The best way for you to help your child is to create a living and learning environment in which your child will want to explore, learn new concepts, and practice new skills.

You can create this environment by providing your child with hands-on "play" experiences that are well thought-out. Young children learn best through "play with a purpose." Although some preschool children enjoy the traditional paper and pencil tasks, the majority of children at this age will experience more success when provided with hands-on, manipulative materials that encourage exploration, question-asking, and problem-solving.

As a parent, you guide the learning experience when you play with your child. This helps your child learn to listen, stay on task, and make new observations. Ask openended questions to steer your child into drawing new conclusions, developing new vocabulary, and learning new ways to accomplish tasks. For example, when your child is building with blocks, ask, "What do you think would happen if ...?" or, "Is there another way we could build this tower?"

The following are some ideas for activities and materials that will enhance the learning experiences that you can provide for your child.

## Language Arts

The single most important skill that a child needs for success in school, and later in life, is to be "liferate." In other words, your child must learn how to read. You can do many things to encourage liferacy.

- Read to your child every day. Read to your child every day for at least 15 minutes. This offen becomes a favorite time of the day for the child and parent.
  - · Talk about the pictures.
  - Ask questions.
  - Ask your child to guess what is going to happen next.
  - Encourage your child to retell favorite stories or favorite parts of a story.
  - Have your child make up a new ending for a story.
  - Go to the library and let your child choose new books.
  - Encourage "pretend" reading. This is when children look at the pictures and make up what they think the words say.

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- Encourage letter recognition. Preschoolers can begin developing an interest in reading and phonics by making observations of how we use written language.
  - Point out letters in the environment, such as on cereal boxes, in your child's name, and on billboards.
  - Find ways to help your child learn to match letters.
  - Play listening games. Have your child identify words that begin with the same sound.
- Provide language arts materials. Fill your child's environment with literacy materials. Here is a suggested selection:
  - Magnetic letters
  - Books, magazines, newspapers, and catalogs
  - Paper, pencils, crayons, and paints (Encourage children to experiment with making circles, squiggles, and lines.)
  - CDs of children's music and recorded children's stories

## Math & Science

So many toys and puzzles provide young children with early moth and science learning experiences. Remember to point out all the ways we use numbers and science in our daily lives.

- Cook or garden together. Not only is this a special activity for families to do together, but the learning experiences themselves are infinite. Children can gain these valuable skills:
  - Measuring
  - Numbers and counting ("Stir 10 times" or "Add 1 cup water")
  - Increased vocabulary development (hot, cold, wet, dry, sticky, and so on)
  - Increased observation skills

2. Provide math and science materials and activities. Here is a suggested list:

- Magnifying glass
- Blocks and other building materials
- Magnets and magnetic numerals
- Scales (concepts of heavier and lighter)
- Pouring liquids
- Sink and float objects for the bath or for sink water play
- Calculators and toy cash registers
- Puzzles
- Sorting, matching, and classifying games
- · Trips to science and children's museums
- Taking walks and observing nature

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# Fun Web Sites for Preschoolers

#### http://pbskids.org/

Site offers games and activities based on favorite PBS characters. Activities include coloring, matching, ABC's, numbers, singalongs, and more.

#### http://sesameworkshop.org/sesamestreet /0.1292.00.html

Kids can practice their ABC's and numbers, play matching and other games, read stories, create artwork, or listen to and play music, all with their favorite Sesame Street characters.

#### http://www.learningplanet.com/stukids1.asp

Site features fun games that practice numbers, ABC's, and other readiness skills,

#### http://www.nickjr.com

Click on "Nick Jr. Playtime" to find a host of games and stories, as well as music and art activities, Site features characters from popular Nickelodeon programs.

#### http://www.lego.com/playjr/

Kids can play memory match games and hide-and-seek, create their own scenes, or paint and draw pictures.

#### http://www.prongo.com/games/ages3-6.html

Fun memory match games and mazes help children learn while mastering mouse skills. Beginning readers can also practice matching words and pictures.

#### http://www.funschool.com/current/games /preschool

Games reinforce ABC's, opposites, letter formation, keyboarding skills, visual discrimination, and memory match skills.

#### http://www.kiddonet.com

Click on "KiddoNet Jr." for early learning games on letters, numbers, logic, and music.

#### http://members.cruzio.com/~hoax1950 /KidsFireSafetyTips.html

Site contains basic fire and life safety tips presented by funny little characters.

#### http://www.nwf.org/yourbigbackyard /index\_flash.cfm

Presented by the National Wildlife Federation, this site has early learning games about animals and the earth.

#### http://www.totcity.com/totplaces/Activities /activities.html

Site contains a variety of early learning activities (ABC's, animal sounds, shapes, numbers, what does not belong, etc.) as well as links to other fun sites.

#### http://www.meddybemps.com/5.1.html

Original stories with colorful illustrations.

#### http://www.meddybemps.com /funandgames.html

Site contains a variety of activities to practice skills such as colors, counting, and spatial concepts. Colorful characters make learning fun.

#### http://www.ipl.org/youth/StoryHour/

The Internet Public Library presents stories in illustrated and text-only versions. Certain stories also contain audio.

#### http://members.home.com/veeceet /index.html

Sing along to melodies of favorite songs.

#### http://www.EnchantedLearning.com /categories/preschool.shtml

Games include animal sounds, colors, dotto-dots, sequencing, and nursery rhymes.

## **Recommended Books for Preschoolers**

#### A

Alexander and the Terrible, Hornible, No Good, Very Bad Day by Judith Viorst Amazing Grace by Mary Hoffman Animal Crackers: A Delectable Collection of Pictures, Poems, and Lulabies for the Very Young by Jane Dyer Animals Should Definitely Not Wear Clothing by Judi Barrett

Anno's Alphabet: An Adventure in Imagination by Mitsumasa Anno Anno's Counting Book by Mitsumasa Anno Arthur's Birthday by Marc Brown Ask Mr. Bear by Marjarie Flack

#### 8

Babar's Book of Color by Laurent de Brunhoff Bear Shadow by Frank Asch The Bear's Toothache by David McPhall Big Fat Hen by Keith Baker Big Red Barn by Margare Wise Brown The Blue Balloon by Mick Inkpen Brawn Bear, Brawn Bear, What Do You See ? by Bill Martin The Butterfly Alphabet Book by Brian Cassie and Jerry Pallotta

#### C

Can / Keep Him? by Steven Kelloga Caps for Sale by Esphyr Slobodkina The Chick and the Duckling by Vladimir Grigorevich Suteev Chicka Chicka Boom Boom by Bill Martin and John Archambault A Child's Treasury of Poems, edited by Mark Daniel Chao Choo: The Story of a Little Engine Who Ran Away by Virginia Lee Burton Color Farm by Lois Ehlert Color Zoo by Lois Ehlert Corduroy by Don Freeman Cross-Country Cat by Mary Calhoun Curious George by H. A. Rey Curious George Learns the Alphabet by H. A. Rey

David McPhail's Animals A to Z by David McPhail Doctor De Soto by William Steig

#### E E

Eating the Alphabet: Fruits and Vegetables from A to Z by Lois Ehlert The Empty Part by Demi The Enormous Turnip by Kathy Parkinson

#### F.

Fire Engines by Anne Rockwell Five Little Monkeys Sitting in a Tree by Eleen Christelow Frederick by Leo Lionni Freight Train by Donald Crews

#### G

George and Martha by James Marshall Go, Dag, Gol by P. D. Eastman Golden Bear by Ruth Young Goldinacts and the Three Bears, adapted by Jan Brett Goad Dag, Carl by Alexandra Day Goadnight Horey by Frank Asch Goodnight Horey by Frank Asch Goodnight Moon by Margaret Wise Brown The Grouchy Ladybug by Eric Carle

#### Н

Hoppy Birthday, Moon by Frank Asch Hany, the Dirty Dag by Gene Zion Hello, Luiu by Caroline Uff Henny Penny by H. Werner Zimmerman Here Comes the Cati by Frank Asch and Vladimir Vagin Horton Hatches the Egg by Dr. Seuss How Do Dinosaurs Say Good Night? by Jane Yolen Hush Uffle Baby by Stvira Long

#### X

I Like MeI by Nancy Carlson I Went Walking by Sue Williams If You Give a Moose a Mulfin by Laura Joffe Numeroff If You Give a Mause a Cookle by Laura Joffe Numeroff I'm Not Sieepy" by Denys Cazel The Indoor Noisy Book by Margaret Wise Brown Ita Sieeps Over by Bernard Waber Is Your Mama a Llama? by Deborah Guarino II Looked Like Spith Milk by Charles G. Shaw

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# **Recommended Books for Preschoolers**

Jesse Bear, What Will You Wear? by Nancy White Carlstrom Jump, Frog. Jumpl by Robert Kalan Just Like Daddy by Frank Asch

The Little Engine That Could by Watty Piper Little Gorilla by Ruth Bornstein The Little Red Hen by Paul Galdone Lost! by David McPhail

Madeline by Ludwig Bernelmans Make Way for Ducklings by Robert McCloskey Mama Cat Has Three Kittens by Denise Fleming May I Bring a Friend? by Beatrice Schenk de Regniers Mike Mulligan and His Steam Shovel

by Virginia Lee Burton Millions of Cats by Wanda Gaa The Mitten: A Ukrainian Folktale. adapted and illustrated by Jan Brett

Mother Goose Treasury, illustrated by Raymond Briggs Mouse Mess by Linnea Riley

Mouse Paint by Ellen Stoll Walsh Mr. Gumpy's Outing by John Burningham Mushroom in the Rain by Mirra Ginsburg My Brown Bear Barney by Dorothy Butler

The Napping House by Audrey Wood No Bath Tonight by Jane Yolen Nuts to You! by Lois Ehlert

Olivia by Ian Falconer On Mother's Lop by Ann Herbert Scott One Bear All Alone by Caroline Bucknall One Duck Stuck by Phyllis Root One Fish Two Fish Red Fish Blue Fish by Dr. Seuss Owl Babies by Martin Waddell

Patrick's Dinosaurs by Carol Carrick Peter and the Wolf by Sergei Prokofiev Peter's Chair by Ezra Jack Keats The Poky Little Puppy by Jeannette Sebring Lowrey Polar Bear, Polar Bear, What Do You Hear? by Bill Martin

Puss in Boots by Charles Perrault

The Quiet Noisy Book by Margaret Wise Brown

Rabbit inn by Patience Brewster The Random House Book of Mother Goose. selected and illustrated by Arnold Lobel Read-Aloud Rhymes for the Very Young, edited by Jack Prelutsky Red Leaf, Yellow Leaf by Lois Ehlert The Relatives Came by Cynthia Rylant Rosie's Walk by Pat Hutchins



Sam Who Never Forgets by Eve Rice Silly Sally by Audrey Wood Sleep Safe, Little Whale by Miriam Schlein The Snowy Day by Ezra Jack Keats The Story of Ferdinand by Munro Leaf Sfrega Nona by Tomie de Paola

Tar Beach by Faith Ringgold Ten, Nine, Eight by Molly Bang There's a Nightmare in My Closet by Mercer Mayer The Three Little Wolves and the Big Bad Pig by Eugene Trivizas Time for Bed by Mem Fox Tomie de Paola's Mother Goose by Tomie de Paola Tomorrow's Alphabet by George Shannon Too Much Noise by Ann McGovern

The Very Hungry Caterpillar by Eric Carle

Wee Sing: Children's Songs and Fingerplays by Pamela Beali and Susan Nipp

Wee Sing and Play by Pamela Beall and Susan Nipp

We're Going on a Bear Hunt. retold by Michael Rosen

The Wheels on the Bus, adapted by Marvann Kovalski

Where the Wild Things Are by Maurice Sendak Whistle for Willie by Ezra Jack Keats Whose Mouse Are You? by Robert Kraus

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# Informal Assessment

Name:     Circle all correct responses. Each time the form is completed, mark and date it in a different color.
Colors: names   matches red   yelow blue   orange green   purple brown   black
Shapes: names matches sorts circle square rectangle <u>triangle</u> diamond
Quantitative concepts:     big/little     short/long     tall/short     slow/fast     few/many       empty/full     less/more     one more     just one
Positional and directional concepts:
up/down over/under in/out far/near top/bottom go/stop high/low inside/outside off/on closed/open beginning/end above/below
Rote counts to: 012345678910 Matches quantity with symbol:
Identifies numbers: 0 1 2 3 4 5 6 7 8 9 10 0 1 2 3 4 5 6 7 8 9 10
Identifies uppercase letters: (ABCDEFGHIJKLMNOPQRSTUVWXYZ)
Identifies lowercase letters: (abcdefghijklmnopqrstuvwxyz)
Identifies beginning consonant sounds: (bcdfghjklmnpqrstvwyz)
Identifies vowels: Recites (or sings) alphabet: Yes No Uses words accurately in weather reports:
Matches uppercase letters:     Yes No     Sunny, rainy, snowy, cloudy, windy, hot, cold, warm, chilly, foggy
Reads own name: (Yes No) Recites days of week: (Yes No)
Reads names of others: Yes No Recites months of year: Yes No
Carson-Dellosa CD-6315 13 On the Road through Prescho

# My Parents and Me: Getting Started

## School Stuff

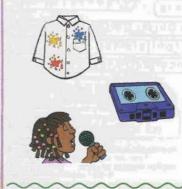
As you begin your vacation learning adventure, it is a wise idea to help your child organize some special materials. Here is a list of things your child may want to have on hand:

pencils	glue	paint	scrap paper
crayons	buttons	paintbrushes	construction paper
markers	tape	paint water container	old newspapers
colored chalk	play dough	paint shirt	safety scissors

Have your child decorate a box to store these fun supplies, and encourage him to put the supplies back whenever finished with them. That way, you will always know where everything is. Nothing gets lost when "picking up" becomes a habit.

## **Designer Paint Shirts**

Give your child an old white shirt with buttons from your closet. Provide fabric paints and let the child enjoy decorating this shirt. Always remember to button the shirt in the back. That way, when your child is extra dirty, you can unbutton the shirt and gently pull it off before paint gets all over you and your child's clean clothes.



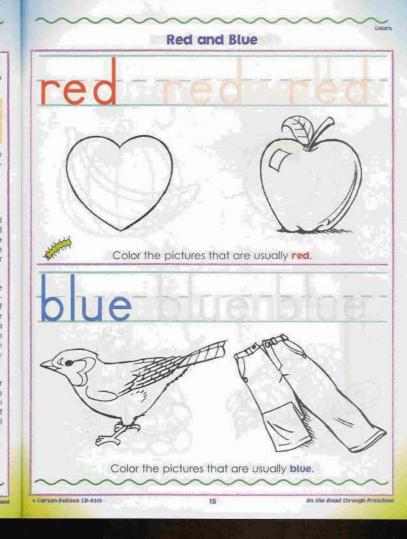
#### **Our Memory Box**

As you work through this book, you will find that you and your child have created many wonderful things that you would like to save. Be prepared. Make and decorate a special memory box together with your child.

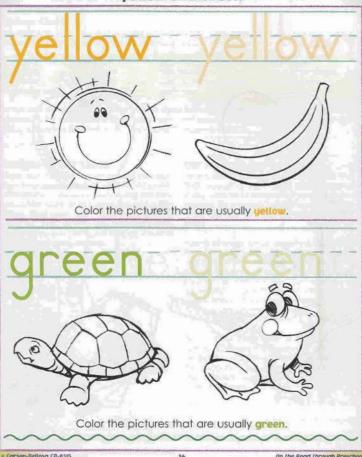
Take a photograph of your child and place if an the top of a box. To protect the photograph, cover with laminate or clear shelf paper. Ask your child to draw and color pictures all over the box. You can use a spray finish to give the box a shine and to help protect if from wear and tear. (Be sure to cover the photograph before you spray the box.)

As an extra treat, keep a tape recorder handy. Children love playing with tape recorders and listening to their voices. In the years to come, listening to the tape of your little one talking and singing songs will melt your heart.

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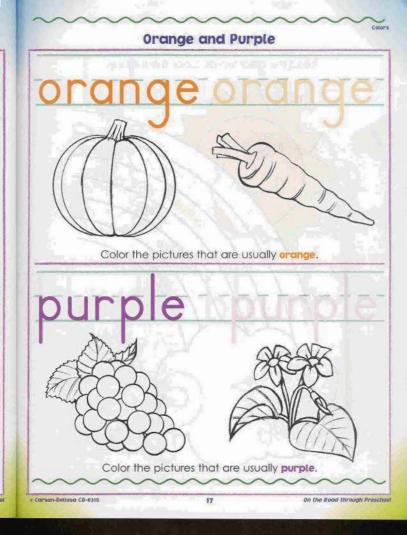


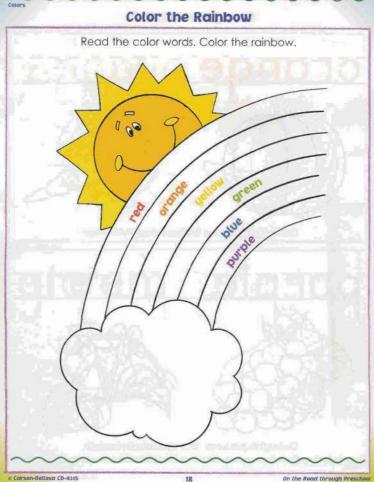
# Yellow and Green

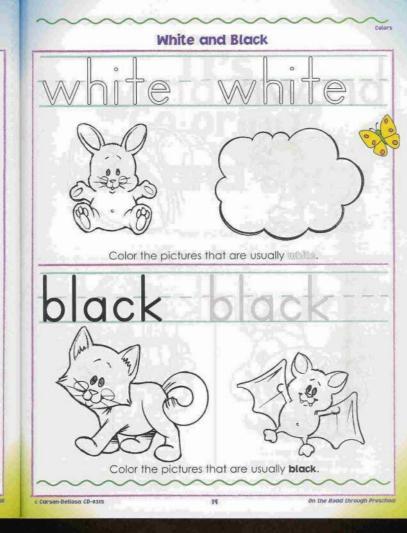


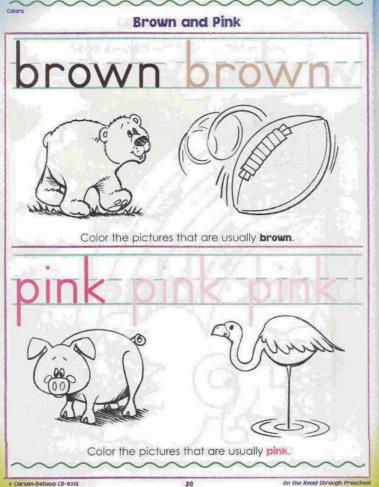
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Colors









# It's "Coloring" Cats and Dogs!

A "Read and Color" Story

21



Some people ask why my fur is bright **yellow**. "Because," I reply, "I eat lots of Jell-O."



Do not misjudge me. I'm not really that mean. My fur just happens to be the color green.

On the Road through Preschool

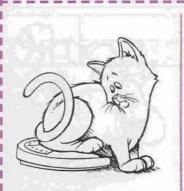
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I'm very hungry, and when I am not fed, I turn a really deep shade of crimson **red**.



My head is spinning, my face is turning **blue**. I think I am sick with a bad case of flu.



I sit on this scale, an **orange** tabby cat, and twitch my long tail. I'm a little bit fat.

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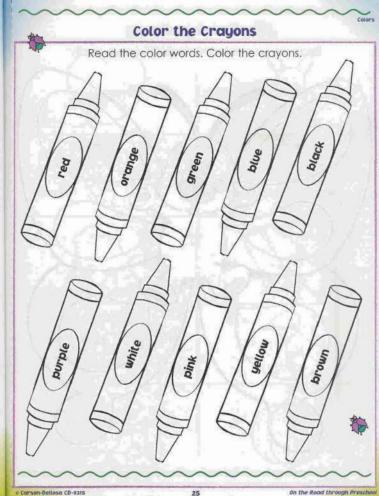
When I was quite young, I was crowned King Turple, because I was born the royal hue **purple**.



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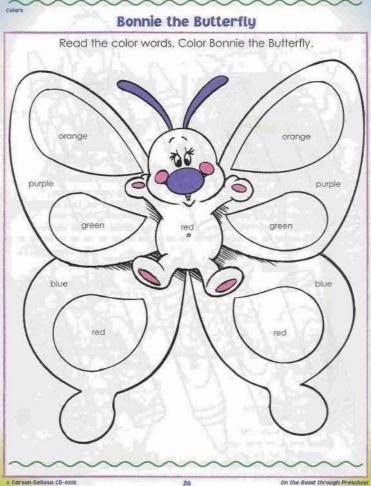
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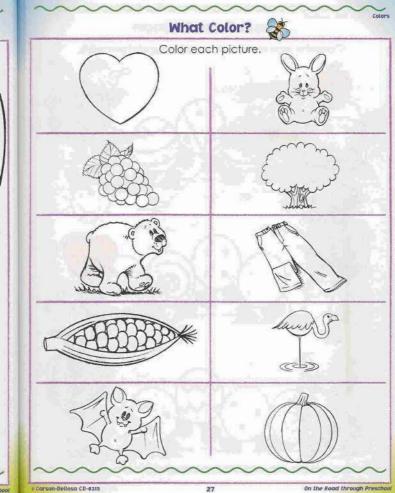




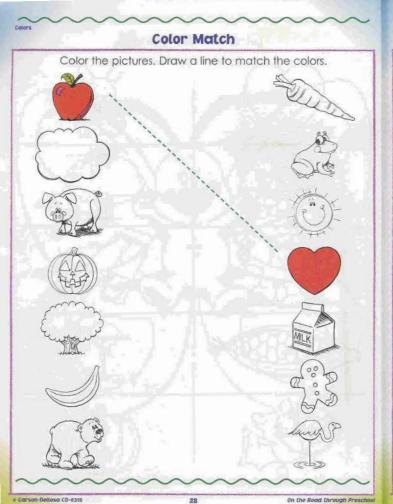
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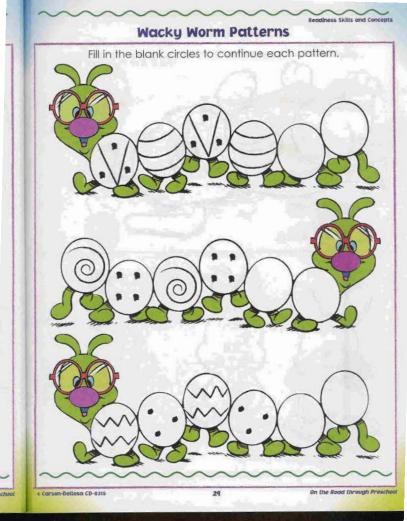
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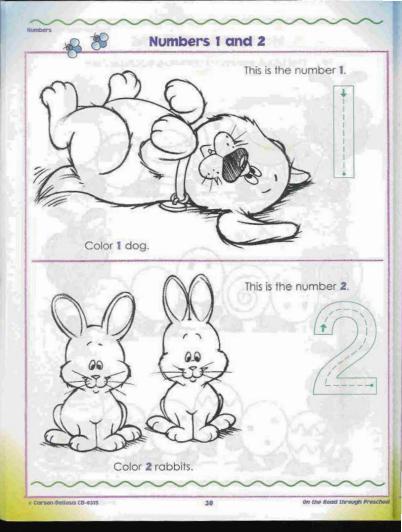


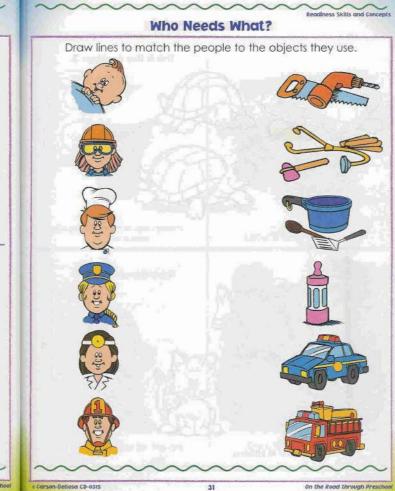


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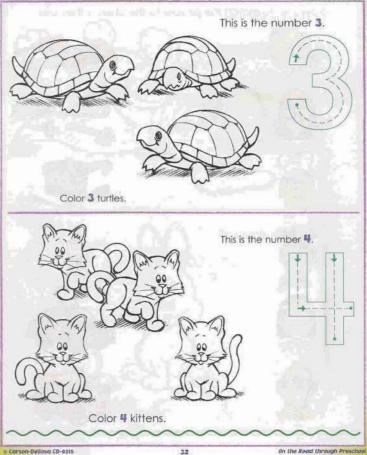






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# Numbers 3 and 4

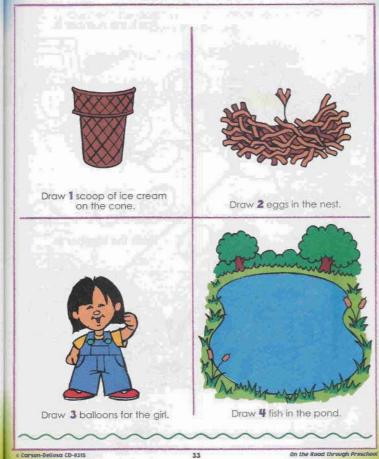


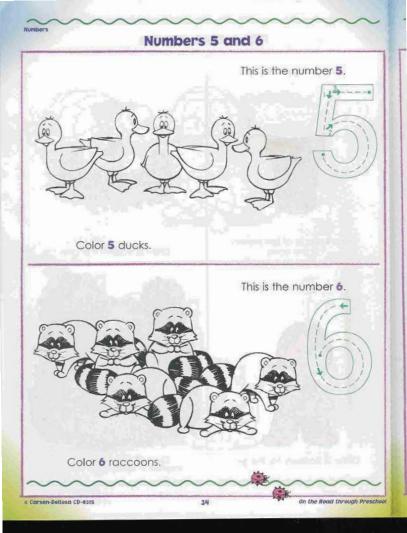
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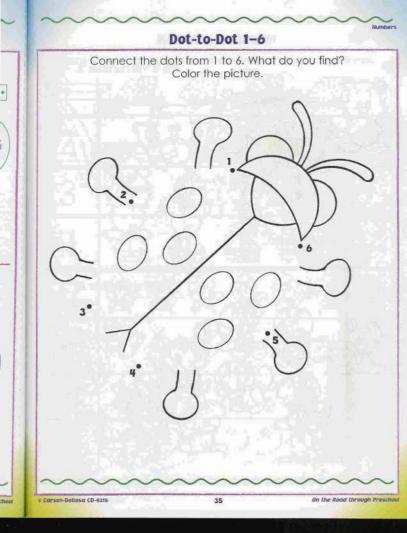
Numbers

# Finish Each Picture

Numbers

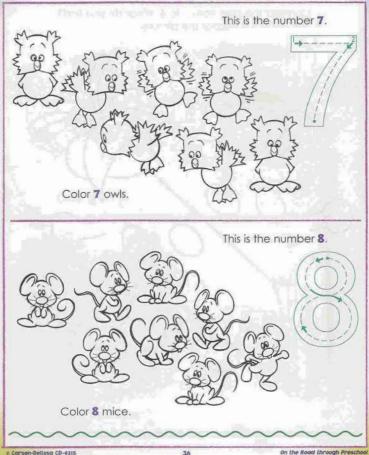


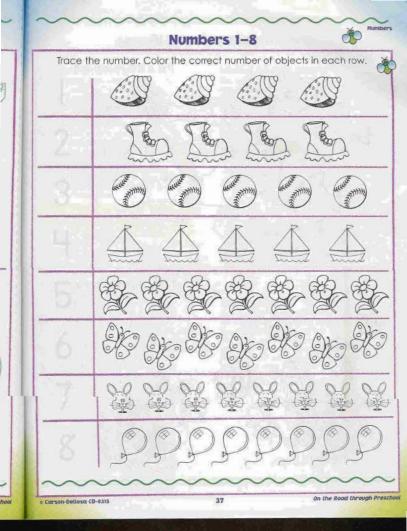




# Numbers 7 and 8

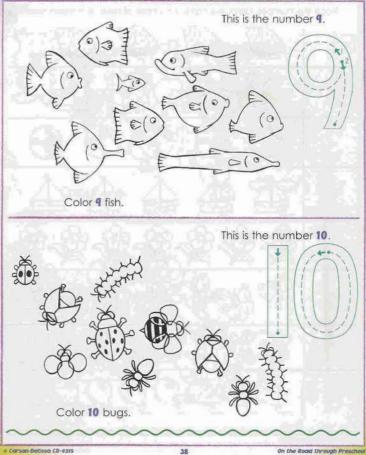
Numbers





# Numbers 9 and 10

Numbers



# **Games and Activities: Colors**

## **Muffin Pan Colors**

Fill a muffin pan with water. Add a few drops of food coloring to each well to make red, blue, and yellow water. Give your child an eyedropper and a stack of white paper towels and let the discoveries begin. Have your child drop one color on the paper towel and then drop a second color on top of that. Watch as the two colors blend together to make a third color. For reference:

red	÷	yellow	=	orange	
red	+	blue	=	purple	
yellow	+	blue	=	green	

When your child is finished, allow time for the water on the paper fowels to dry. Mount the colored towels on black paper and display them on your refrigerator.

# **Mixing Doughy Colors**

This activity is a bit complicated but lots of fun. You will need: tempera paint or food coloring, Ivory soap flakes, a large mixing bowl, several small bowls (disposable paper bowls work very well), and self-sealing clear plastic sandwich bags. Mix up some Ivory soap flakes in the large bowl until the consistency is thick. Spoon a small amount of the white mixture into two bowls. Add a different color of food coloring to each bowl and mix well. Next, put a spoonful of each mixture into a self-sealing allastic.

bag. Let your child rub and squeeze the mixture until the two colors have formed a new color. Use the reference chart from the Muffin Pan Colors activity as a guide when making and mixing colors.

#### **Yarn Pictures**

Provide your child with six different colors of yam; red, orange, yellow, green, blue, and purple. Have her dip the yam into liquid starch or white alue, then place the

yarn in the shape of a rainbow on light blue paper, representing the sky. Help your child complete

the picture by creating clouds with cotton balls.

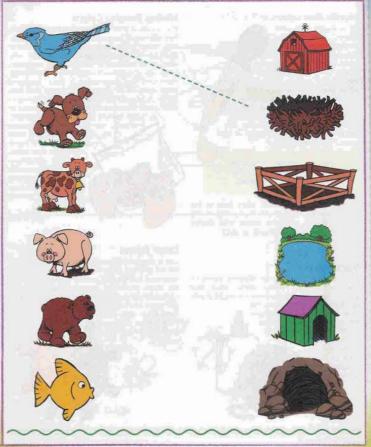
# **Color Wheel**

Use a sturdy cardboard circle or an old pie fin for this activity. Divide the circle into eight sections and paint each section a different color. For each section of the circle, paint several clothespins the corresponding color. Your child will have fun identifying the colors as well as matching, and then

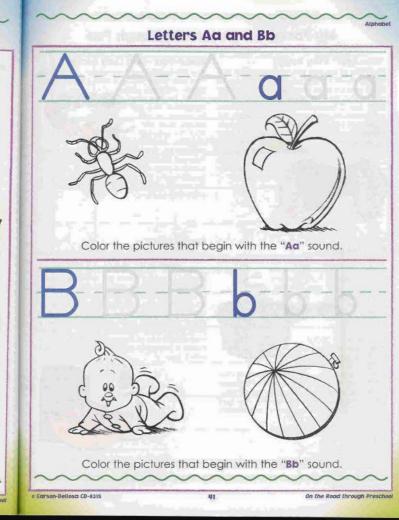
clipping the clothespins to the correct sections.

Readiness Skills and Concepts

# Match the Animal to Its Home



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# My Parents and Me: Play Dough Fun

## "The Best" Play Dough

This is one of the best play dough recipes that can be made in your own kitchen. It is easy to make and will keep for weeks in a well-sealed plastic bag. You will need: I cup sait, 2 cups sifted flour, 2 tablespoons alum, 2 tablespoons vegetable oil, and 1 cup water. Mix all the ingredients together until they form a smooth mixture. Food coloring may be added to the water before it is poured into the mixture to add color. Children will spend hours enjoying



Make-Your-Own Clay Beads

You will need: 1 part cornstanch to 11/2 parts flour and warm water, a mixing bowl, and a spoon. Add the warm

water to the dry ingredients and mix to make a stiff dough. Dust with flour to prevent stickiness. Help your



child roll the dough into the shape of a snake, then cut the long piece of dough into beads. Create holes in the beads with a nail. Allow the beads to dry, Your child will have fun stringing the beads with yara and creating all sorts of interesting patterns.

## Magical Clay

This is one of the best recipes for making homemade clay that can be painted. Heat 21/2 cups of water over low

heat until you see bubbles. Remove the

pan from heat, in a s e c o n d pan, mix 1 cup constarch into 1/2 cup cold water until dissolved. Add the cornstarch mix-

ture to the hot water and stir

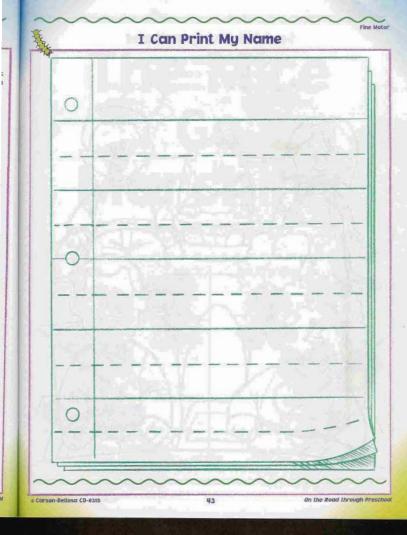
until the consistency is like clay. Form the clay into shapes or sculptures and allow the dough to dry at room temperature for three days. After 36 hours, the clay will become very hard and can be painted and sprayed with shellac.

#### **Funny Putty**

Furny putty is a crazy clay that is fun to make and incredibly fun to play with! This is one recipe that should be closely supervised, though, because it can get extremely messy. [Still, the fun is well worth the mess!] Add 2 parts white glue to 1 part liquid starch in a large plastic bowl. Mix well. If the putty is still too sticky after a couple of minutes, add more starch to make the mixture more workable. This funny putty has a really interesting texture. Your child may spend lots of fime just squishing it in his hands. It is so much fun, you may want to play with it, tool



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# Seat Belts Keep Us Safe!

"Always wear your seat belt!" That is a very important rule. Remind your family to wear their seat belts.



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Safety

# The Mice Go Marching

A "Read, Count, and Trace" Story

45



The mice go marching. Now I see **3**. What's on her finger? Buzz, her pet bee.

three

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one



zero

The mice go marching. Where did they go? I don't see any. Not one. **0**.

# The mice go marching. At last, there's 1! A cute little mouse, sucking his thumb.

The mice go marching. Where's number **4**? Oh! Now I see her, behind that door.



four





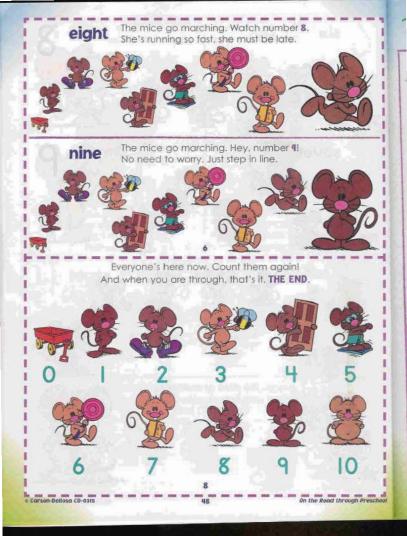


five The mice go marching. There's number 5. He's dressed for the beach, ready to dive.

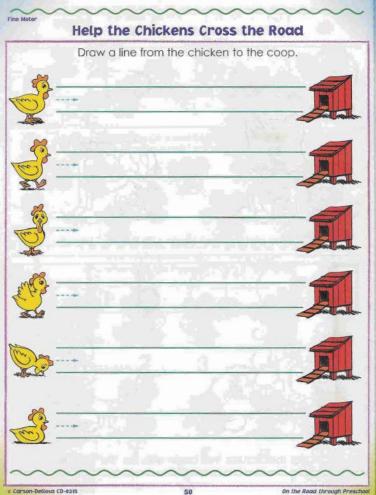
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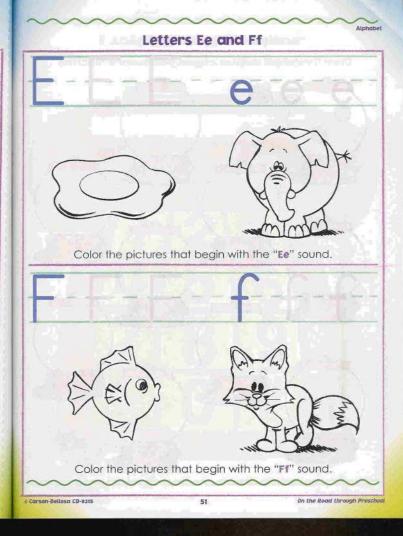
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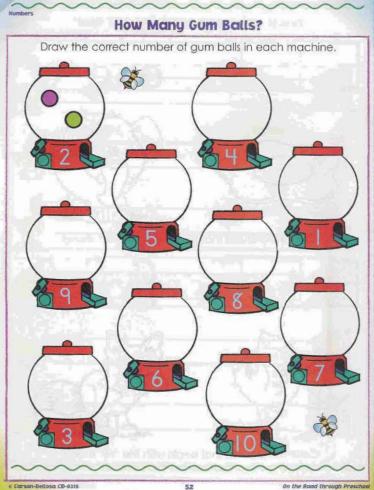










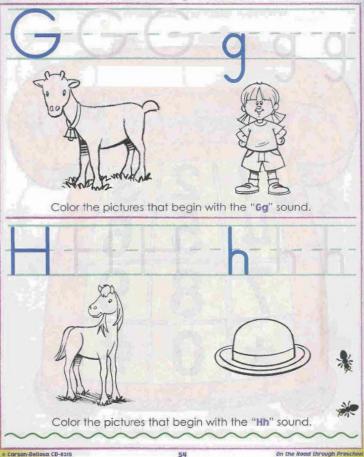


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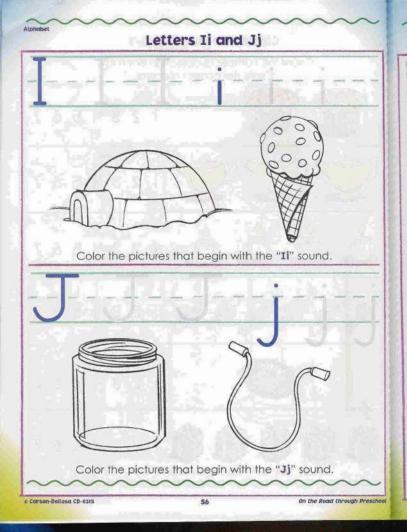




Alphabet







# Games and Activities: Learning to Print

Printing is a fine motor skill. Before young children are able to print properly, they need to strengthen and develop muscle control as well as eye-hand coordination. Developing these skills takes time and patience. You need to know that those first letter and numeral formations will be large, sometimes backwards, and often unreadable. That is normal at this stage in your child's development.

Before spending too much time teaching your child to print actual letters and numerals, spend some time on activities that strengthen pre-handwriting skills. You will find several activities that focus on fine motor skills in this book. These exercises will assist young children in developing some pencil control.

There are many other things you can do to help develop these skills, while also providing experiences that are successful and fun for your child. Try some of the ideas listed below.

## **Pre-Printing Ideas**

- Give your child tracing and simple dotto-dot activities to complete.
- Practice lines and circles (and letters or numerals if readiness is shown) on a sand-filled cookie sheet. The child can feel the shape and directionality of letters, numerals, lines, and circles.
- Finger paint is a wonderful medium for exploring the formation of shapes, letters, and numerals.
- Create play-dough, cookie, or bread-dough shapes, letters, and numerals. (It is also fun to bake and eat the ones made from cookie



ones made from cockie or bread dough.)

 Give your child a pair of scissors and several sheets of paper. With your supervision, have your child snip



fringe all around the paper. This helps, build fine motor muscles and increase fine motor control.  Make shapes, letters, and numerals from small objects, such as buttons, small stones, pipe cleaners, string, and small blocks.

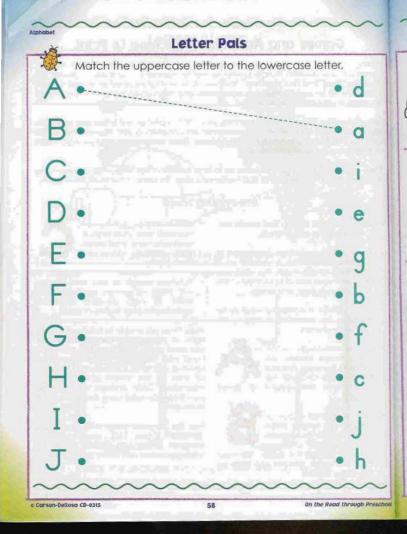


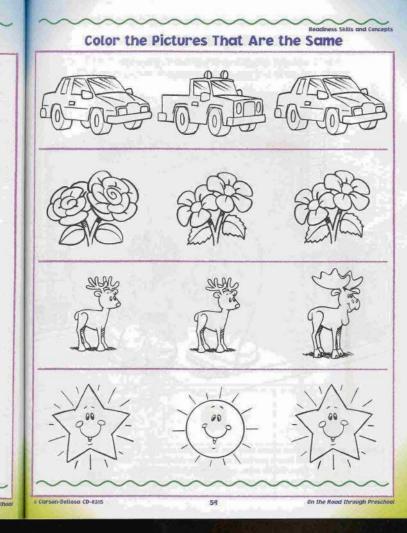
 Purchase stencils for your child. Playing with them will provide another experience to help develop eye-hand coordination and muscle control.

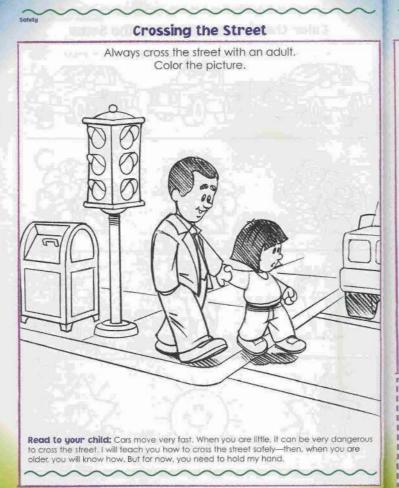
Note: If you are unable to tell if your child is right- or left-handed, do not encourage one hand or the other! Watch to see which hand your child uses most often. When handing your child a pencil, hold the pencil level to the middle of your child's midsection. Often children will take the pencil from an adult using the hand that is dominant.

See the numeral (page 65), uppercase alphabet (page 110), and lowercase alphabet (page 112) tracing pages for printing practice with letters and numbers.

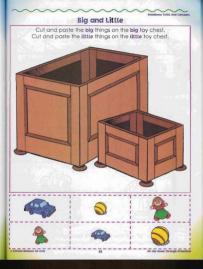
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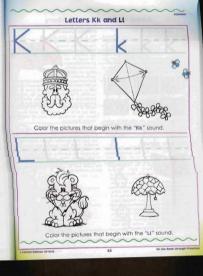






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#### **Games and Activities: Numbers**

#### Two-Piece Number Puzzles

This is a wonderful self-checking activity that will seake a two-piece puzzle play than moth practice. Make a two-piece puzzle for each of the numpieces to cadedound. On the tell side of each optices at cadedound. On the tell side of each optice wither on the eight side. See illustrations, out on the earts in two, varying the design of each out so there is no two en concel fit.





Two-piece puzzles are also effective for matching uppercase to lowercase letters, color words to colors, and photographs of family members to their nomes. The possibilities are endiess.

#### **File Folder Games**

File folder games can be fun and educational.



For this activity, make five to ten barns and glue them on the inside of a file folder. Label each barn with a numeral. Then tope a clear plastic sandwich

bag next to each born, leaving the top open so aimsis may be publisher the born. Your fram, animal stickers to make animals for the born. Places the stickers on heavy paper (the top of a pint box work well) and cut out. Prepare many animals, the good for your child is to identify the numeral on each born and place the correct number of animals in the top are to the born.

Try making other file folder games using paper planets and alien stickers, paper trees and apple stickers, or other fun combinations.

#### Number Jumping

This is a great rainy-day activity when your child needs active movement but connot go outside. You yikafic tablecioth or window shode. Using a permanent bleak enders draw a

paths a hopsochet gela or a pond with stores on the tableciation or those, table each section with a numeral, Have your child jump on the number in sequence, counting up, counting backwards, or counting by twos, Alternately, juit have her jump on any number and say the name of that number out laus. This activity is allow two table with beantogos, have the child threve the backbad on.

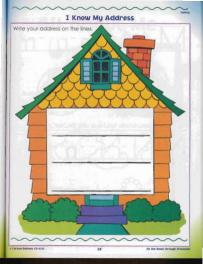
#### Shirt Box Counting

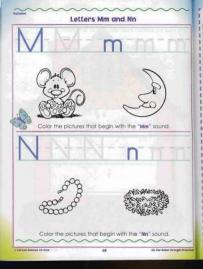
Make a lotto board on the inside bottom of a with bas, the illustration.) Make comesponding numeral cards from helex cords. Have your child count the dats (or sticken) in each source and place the matching numeral cord in top of that spuze. When your child is finished, simply put the numeral cords in the box, put on the cover, and the game is ready to store for use on another day.





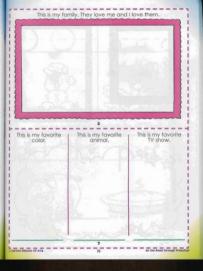




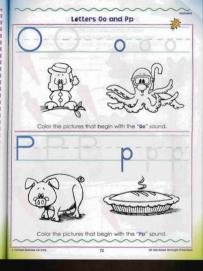




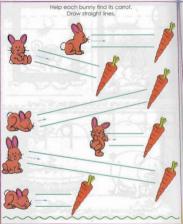






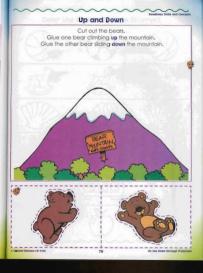


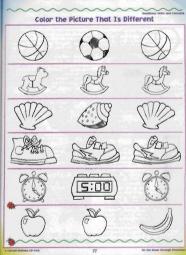
# **Bunnies Love Carrots**

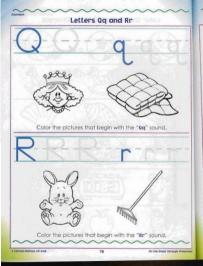


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is the Road through Preschoo







### Games and Activities: Matching and Sorting

Matching and sorting are not just skills for young children-they are skills that everyone uses daily, Just think about it. How many times throughout the day do adults use these skills? We sort loundry by color and fabric: we sort dishes and silverware as we put them away; we sof money when we make budgets; we match statements; we match clothing to greate outfits: we sort toys and other objects as we tidy our homes. Not only are these everyday life skills, but they are also important skills needed

#### Lots of Ways to Sort and Match

Nore are several ideas to help your child develop necessary matching and sorting skills

- Sort objects by color (pegs.
  - (parquetry blocks,
- Sort coins by color or value.
- Sort sounds on soft or load.
- Sort foys as to where they belong when your child picks up her room.
- Sort clothes by type (shoes, shirts, shorts).
- As your child becomes more skilled, begin squares, yellow circles/





#### Egg Carton Sorting Box

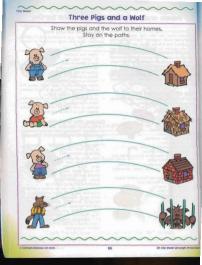
An egg carton is a wonderful tool for sorting activities. Here are some examples of how to use one.

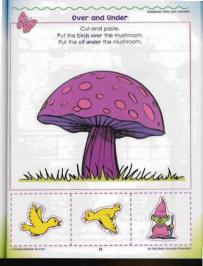
- Color the hollom of each eag section a different color.
- each section. How your child place the
- Glue buttons to the bottom of each section. Howe your objet sort according to the exact shape, size, or number of holes.

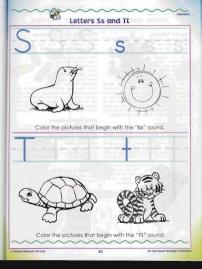
### Cataloa and Magazine Activities

Cataloas and magazines are wonderful aids for creating matching and sorting activities, Here are just two examples of how to use them.

- Use two identical catalogs so you have access to identical pictures. Cut out two of the some picture and glue each onto an index card. Make cards. Hove your child match the identical objects or faces. Faces can also be sorted according to gender, gas, and other categories.
- Using large catalogs, cut out pictures of things in particular categories, such as clothes turniture meanie shoes ourses luggage. things you use in the kitchen. things you use in the baffyoorn, and things that appeal to children. Give onto index cords. Howe your child sort the pictures into different cotecories







# Games and Activities: Outdoor Learning

### Squirt Painting

This activity requires some bravery on the part of the parent, but your courage will be greatly rewarded when on your child's face. Tape o large piece of paper (idf environmer works)



well onto the funct of a tree. Pour sightly wolfneed-down temperar pain into a clean spray bottle (window cleaner bottles work well). To make this extra fun, prepare four or five part bottles, each with a different cloir of paint. Then is your child have fun spraying designs on the poper the finished artwork may look as good as an original backson Policidi

#### Large Murals

Children enjoy working on huge pieces of paper. Uncil a large theet of wapping poper or builther block poper on the driveway or lidewak and tope it in ploce. Give your child partis, chak, crayoni, and other moterials to use to create a really big masterpiece. It is also fun to trace each others' putting. Tace your

child's body and let him colorin facial features and clathing. Then let your child trace around your body and finish adding your features.

### **Driveway Chalk Drawings**

Remember doing this when you were young? Well, now the chalk come is more coles and in bigger sicks—perfect for little hands, you chaid will have hus just circulary with chaik, but you can assist her in creating tome driveway or side walk games as well. Draw pickness for your child to the provided to the pickness for your child to the pick of the pickness for your child to the pickness for pickne

color. Have your child draw hopscotch grids, roads and towns for tay cas, or giant game boards where your child and highed can achally be the game pieces. Simply spending quality time playing with your child is the best thing a porent can do he mutue school success.

### **Rock Paperweights**

Go on a nature hike and look for smooth rocks. The rocks you collect can be painted sublide and twen surged

with shellac for a nice finish. Rock paperweights make excellent gifts for family members.



#### **Colored Sand Jars**

Your child can make some interesting designs using colored sand and a glass jar with a screw-



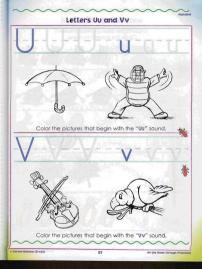
which seek of most cert stores.) Help your child pour alternating colors of sond into a jar. The sand will stay in layers. Sand jais are prelty and interesting to look at. They also make a fun bitthday party activity.

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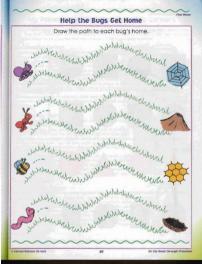
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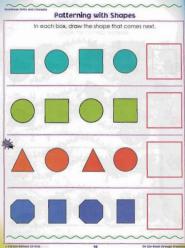
On the Road through Presches











On the Roost Drough Presches

# My Parents and Me: Creative Play Corners

Young childrein learn to much from imaginative play. They learn creativity as well as problem solving sits. They build social skills and can acquire many pre-ocademic readiness sits. Noo. Here are some two ideas for play comes their you and your child can create together.

#### The Hospital Corner

Doctory and nurses are favorite roles for children to play. Create a hospital environment in your own home with these simple ideas.

Medical explaneate, Every medical professional needs or medical bagtios can create you omin with an and black bag or yous. Add torse bondages, tongue depresais, cohon baß, empty hobing dichol botte, and threw which male exceled hemometers and whighs. Old tong can be used to digibly of the medical uppeter in an organize toom. You can make a teleficial perfect them a long place of your and a small plattice organize uppet cap. Funct two holes in either sign of the cup and thing the wram through the cuin.

Uniforms and patients: Provide old white dress shirts for the doctors' and numes' lab coats. Have serveral dails and stuffed animati available to act a cotients.

#### The Grocery Store

In order to create a great gracery store, there are some things you must fint collect and prepare.

Registing the store Store discosted contrainers, such or cors be aver to cleare ond targe the trave edgest; created and other food, boxes; milk, egg, and juke contains and butter, margaine, and cottage cheese tabls. You will also wait to purchase some gaste truts and vegetabilities. You child will have fun helping. If to decide what though to each in the store.

Checked litem: for the checked counter you will need a colliregater or ociositotic play money, grocery bogi, caponi, and toy hispopring costs. Not only will children have fun playing in the grocery store, but they will be learn about hundlion, the food groups, money, i counting, and key concepts such as top, middle, bottom, less more, bit, and emoty.

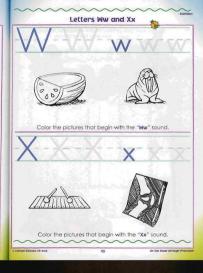
#### The Dress-Up Corner

This is of eventile play verse for many children, both gift and boya disk, Here are score suggestion for firing jury whand on hand to make a flab/typus direst-up commer: a minor secured to a wait, a costnack, beleficiales, holt bines, waits, porce, listensis, scorensis, levels, makeup (if you are borne), glasses, and avegins framme (hermine) the literate, makeup (if you are borne), directions, and borne), and anyothing you can hink of the direction and borne, longings, and borne, haves anyothing you can hink of the direction and the language they user. You will be princised by here far their imaginations can folle mem.

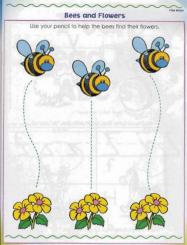
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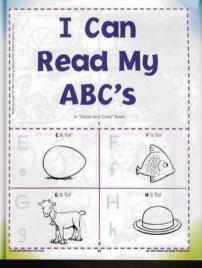


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On the Rood through Preschool















A-B-C-D-E-F-G-H-I-J-K-L-M-N-O-P-Q-R-S-T-U-V-W-X-Y and Z.

Now I know my ABC's. Next time won't you sing with me?

#### endness Skills and Concepts

# Mother and Baby Memory Match

Cut out the cards. Spread them out facedown. One player turns over two cards. If the cards thow a mother and baby animal match, the player keeps the cards and takes another turn, if the cards do not match, the player turns the cards back over, and the next player takes a turn.



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# My Parents and Me: Cooking Fun

### Ice Cream Clown

This fun dessert is a special treat, that young children will love! Place one scoop of loc ontern on a plate. Wu's come on top of the loc cream for that, Add child so refer a nouth. If and the special control to the mouth of the mouth. If hat with whipped cream. Tour child will special with the delight, creating these clows all alone!

#### Frozen Bananas

Sometimes it is clifficul to convice a young child that it is good to eath healthy snakks. Here is a fun idea that we persubse voor child to eath a feat that is also nutificus. Peel a distribut is also nutificus. Peel a baaraan is do nutification and the baaraan is do nutification and the baaraan is any controlbaaraan is any controlbaaraan and conserved.

nuts, melted chocolate, sesame seeds, wheat germ, or cincarson, Set the bohana on was paper and treaze for at least one hour before eating.

#### **Edible Necklaces**

Give your child an 18" piece of yom with making tape wapped around each end. The making tape will serve as a needle, Let your child string pieces of cereal, cardy, or any other small foods that have holes in the middle. Your ohld will enjoy wearing and munching on the widble neckace.

#### **Tiny Pizzas**

Tiny pizzos are easy to make and provide a warm, fun-to-eat lunch. Spilt on English multin in half. Spread 1 tablespoon spaghetti sauce on



or other favorite toppings. Sprinkle with shredded mazarelia cheese and a dash of oregans. Nace in the oven or toaster oven at 425°F until the cheese melts.

### Terrific Trait Mix

If you are the parent of a young child, it is a good beit hart your gonthy is filled with nearly empty boxes. Use these terms to create your own trail mits. Alls together in a stronge bog small amounts of cereal, rosishs, sunflawer seeds, peonuts protekt, and other



peanuts, pretzela, and other goodies. Serve in small paper cups.

#### Ham and Cheese Roll-ups

You will need 1 controlling motion of concert tool. 2 coaps charged name, coaps in model checks of cheeses, buttle, o and an extended cheeses, buttle, o and an extended cheeses, buttle, o and an extended cheeses, buttle, or and and cheeses to and the coaps and the cheese service and any home and cheeses and any home and any home and any home and any home any home any any home any h

wide end. Bake at 40079 for 10 to 12 minutes. This recipe will make eight ham and cheese roll-ups for a fabulous lunch.

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# Top and Bottom

Cut and paste. Put the blocks on the top shelf. Put the drum on the bottom shelf.



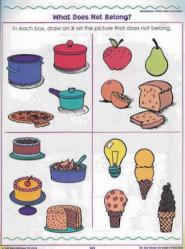




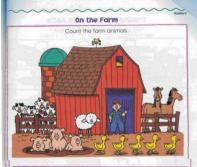
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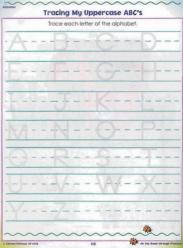






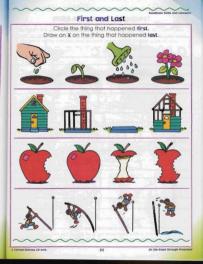
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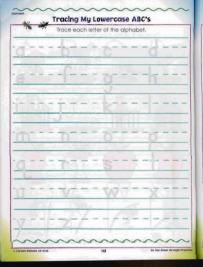
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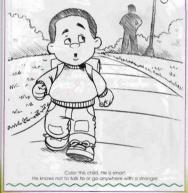
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## Stay Away from Strangers

Strangers are people that you do not know. Do not talk to strangers, and never go anywhere with someone you do not know. Always stay near your parents or the people your parents have acked to take care of you.



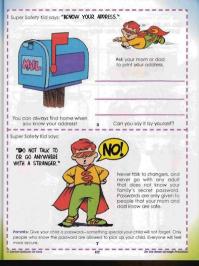
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# My Parents and Me: Painting Fun

## **Pudding Paint**

Sometimes painting is more fun when you use something other than paint.

Next time, try pudding! Mix regular instant pudding in a targe jar with a fightly socied cop. Children love shalling the jar to micken the pudding. Chill until the pudding is set. Spoon pudding onto a clean pudding onto a clean

and let your child finger paint (and snack on the pudding, tool).

#### Shaker Painting

Mix equal parts tempera paint and salt in a solt or spice battle. Do

not add water, Have your child create designs on a piace of construction opper with write glue. Shoke the powdreed paint mixture gwar the glue design and lat dry. Once the glue has dired, genity shoke off ony exits soft crystas to or ony exits soft crystas to ar

# Cotton Swab C

Toung children often hove touble controlling a pointbrukh and large amounts of paint. Here a a fun idea fred hergs to control the mess and provides children more control with the paint. If an old ice fray with lead tempera paint or use watertolling. Give your childr a cotton yead for each color and lart tim have fain painting. You will find that this painting experience is less ch a mess. Simply three uway the seades when the painting is correlated.

### Make Your Own Finger Paint

This linger paint recipe is easy to make and provides a fun tactle experience. Mix together 1 cup flour. 1% teaspoons sait. 1 cup sand, and

1 cup water. Add food coloring or paint for color. You may also switch the proportions of salt and sand, if desired.



#### Soapy Paint

Mix fogether ivery soop flakes and a small amount of water until you have created the consistency of whipped cream. Then add powdered tempera point or food coloring. This is a

> ton inger point to use on a smooth tabletop or on finger

paint paper. The soap flokes make for easy cleanup.

Special Note: Before you lef your child point all over your table or countertops, please by the

paint generally cleans up easily, but it never hurts to double-check that you are not coloring your countertops perminently.



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